



City Of Los Angeles • Department of Recreation & Parks
CHEVIOT HILLS RECREATION CENTER
2551 Motor Avenue
Los Angeles, CA 90064
(310) 837-5186 • cheviothills.recreationcenter@lacity.org

Fitness Instructor (Recreation Instructor)

Cheviot Hills Recreation Center is dedicated to helping individuals achieve their health and wellness goals through dynamic, engaging, and inclusive fitness programs. We foster a supportive community where people of all fitness levels can thrive and feel empowered.

Description of Duties:

We are seeking a passionate and skilled Fitness Instructor to join our team. The ideal candidate will bring energy, creativity, and expertise to every class, ensuring participants are motivated, challenged, and supported on their fitness journey.

Key Responsibilities:

- Plan and lead group fitness classes such as strength training, yoga, spin, Pilates, or other forms of fitness.
- Deliver safe, effective, and engaging workouts tailored to various fitness levels.
- Provide modifications and progressions to accommodate all participants.
- Foster a welcoming, positive, and inclusive environment for all class attendees.
- Maintain up-to-date knowledge of fitness trends and integrate innovative exercises into sessions.
- Ensure safety protocols and cleanliness in the workout area.

Available Hours:

Weekdays between 9am and 9pm. Seasonal and flexible schedules are available, with weekly hours ranging from 1-10 per 8-week class session, depending on the programs, responsibilities, and availability. Programs will be created and offered based on candidate's availability.

Qualifications:

Certification in group fitness or personal training (ACE, NASM, AFAA, or equivalent). Prior experience teaching fitness classes or personal training preferred. Ability to teach a variety of fitness styles. Strong interpersonal and motivational skills. Strong communication and interpersonal skills to effectively engage with children, parents, and colleagues. Ability to inspire and motivate students of all ages and abilities. Must have strong customer service ability and the capability to take initiative and lead activities. Must be able to correspond over the phone and via email. Experience working with a variety of personalities. Work independently and collaboratively as needed. Creative and adaptable teaching style, with the ability to adjust lessons to meet the needs of different learners. Ability to problem solve and be flexible to last minute changes. Willingness to follow directions, be on time, and be reliable. First Aid & CPR certification is a plus, but not required. Patience, creativity, and enthusiasm for teaching.

To Apply: Send Resume to:

Kathryne Garcia
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2551 Motor Avenue, Los Angeles, CA 90064
(310) 837-5186
Kathryne.Garcia@lacity.org

Last Day to Apply: Tuesday, June 30th, 2025