My father popped me on a horse when I was three; growing up, I rode rental horses in the hills of Griffith Park. Now, I practice dressage. I'm grateful for my horse and the opportunity to trail ride in the largest urban wilderness in the nation.

I am interested in the intersection of nature & animals, art, and sustainable communities. Formerly a visual effects producer & artist, turned art director for a small company specializing in educational natural history replicas (skulls and skeletons), writer and artist. I believe that education and intimate experiences with animals and nature is crucial to a healthy society, and that everyone should have access to such opportunities.

Horsekeeping contributes to the preservation of open spaces and being in the company of horses cultivates empathy. Nothing compares to being with a horse. A horse can save a life and heal a soul.

Sabrina Silver