



SUMMER 2025 SAVE THE DATES



VALLEY - WEST

Cleveland
Lanark
Northridge
Reseda
Sepulveda
V.N.S.O
Woodland Hills



**Transportation
Provided
*Qualifying Pools

Date	Event	Location	Time
Mon. June 23	Field Trip**	Cabrillo Beach	10a-2p
Mon. July 7	Field Trip**	Hansen Dam	10a-2p
Mon. July 21	Regional Competition*	V.N.S.O.	1p-5p
Thurs. July 31	Championships	Swim Stadium	4p-10p

City of Los Angeles Department of Recreation and Parks
Citywide Aquatics

Cabrillo Beach

3720 Stephen M. White Dr. San Pedro, 90731

Hansen Dam Aquatic Center

11798 Foothill Blvd. Sylmar, 91342

V.N.S.O. Pool

14201 Huston St. Sherman Oaks, 91423

John C. Argue Swim Stadium

3980 Bill Robertson Ln Los Angeles, 90037





SUMMER 2025 SAVE THE DATES



VALLEY - EAST

Fernangeles
Hubert Humphrey
North Hollywood
Ritchie Valens
Sun Valley
Sylmar
Valley Plaza



**Transportation
Provided
*Qualifying Pools

Date	Event	Location	Time
Tue. June 24	Field Trip**	Cabrillo Beach	10a-2p
Tue. July 8	Field Trip**	Hansen Dam	10a-2p
Tue. July 22	Regional Competition*	V.N.S.O.	1p-5p
Thurs. July 31	Championships	Swim Stadium	4p-10p

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PACIFIC - SOUTH

109th	Harbor
Algin Sutton	Hey Rookie
Banning	Jackie Tatum/Havard
Central	Ross Synder
EXPO	South Park
Dymally	Van Ness



**Transportation
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Date	Event	Location	Time
Wed. June 25	Field Trip**	Cabrillo Beach	10a-2p
Wed. July 9	Field Trip**	Hansen Dam	10a-2p
Wed. July 23	Regional Competition*	Swim Stadium	1p-5p
Thur. July 31	Championships	Swim Stadium	4p-10p

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PACIFIC - WEST

Celes King III
Cheviot Hills
E.G. Roberts
Hollywood
LACES

Mar Vista
Pan Pacific
Stoner
Westchester
Westwood
Venice



**Transportation
Provided
*Qualifying Pools

Date	Event	Location	Time
Thu. June 26	Field Trip**	Cabrillo Beach	10a-2p
Thu. July 10	Field Trip**	Hansen Dam	10a-2p
Thu. July 24	Regional Competition*	Swim Stadium	1p-5p
Thur. July 31	Championships	Swim Stadium	4p-10p

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METRO

Downey
Echo Deep
Glassell
Highland
Lincoln

Pecan
Roosevelt
Richard Alatorre
Yosemite



**Transportation
Provided
*Qualifying Pools

Date	Event	Location	Time
Fri. June 27	Field Trip**	Cabrillo Beach	10a-2p
Fri. July 11	Field Trip**	Hansen Dam	10a-2p
Fri. July 25	Regional Competition*	Roosevelt	1p-5p
Thur. July 31	Championships	Swim Stadium	4p-10p

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Hansen Dam Aquatic Center

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Roosevelt Pool

456 S Mathews St. Los Angeles, 90033

John C. Argue Swim Stadium

3980 Bill Robertson Ln Los Angeles, 90037

