





5056 VAN NUYS BLVD. SHERMAN OAKS, CA 91403 818-386-9674

Walking Group



Wednesdays @ 8:30am-9:30am Fridays @ 9:30am-10:30am

Cost - Option1: \$5/month Options 2: \$2/class
Option 3: \$7/month (Walking Group & Sit and Be Fit Class)

Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.