

## SAFETY RULES

For the safety of the public and staff, patrons must adhere to the following rules. For further clarification of rules, please see staff.

- Youth under 7 years of age must be accompanied by an adult on a one-to-one ratio. The adult must be within one arm's length of the youth at all times.
- Youth under 4 years of age must wear an approved "swim diaper."
- All swimmers must wear proper swim attire to be allowed into the pool.

For complete list of rules, visit <http://www.laparks.org/aquatics>

**CITY OF LOS ANGELES**  
**Department of Recreation and Parks**

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**CITYWIDE AQUATICS DIVISION**

### **Executive Director**

Belinda Jackson

### **Principal Recreation Supervisor I**

Trish Delgado

### **Aquatic Directors**

Andre Brent  
Carlos Espinoza  
Maha Yateem



CITY OF LOS ANGELES  
DEPARTMENT OF RECREATION AND PARKS  
CITYWIDE AQUATICS DIVISION



## **Dive in With Us!**

Programs for All Ages

### **WESTCHESTER POOL**

9100 Lincoln Blvd., Los Angeles, CA 90045  
(310) 641-8734

### **SUMMER POOL HOURS**

#### **Opening Day**

June 10  
1:00 p.m. - 5:00 p.m.

#### **June 12 – June 16**

2:00 p.m. - 6:00 p.m.

#### **June 19 – August 11**

11:00 a.m. - 1:00 p.m.  
2:00 p.m. - 6:00 p.m.

#### **August 14 – September 1**

2:00 p.m. - 6:00 p.m.

#### **Closing Day**

**September 4**  
1:00 p.m. - 5:00 p.m.

**Open Saturdays and Sundays** from 1:00 p.m. - 5:00 p.m.

### **ADMISSION FEES**

Adults (18 – 64)	\$3.50
Youth and Seniors	\$1.00
Persons w/ Disabilities	\$1.00

### **PASSES**

Youth Summer Swim Pass (All Summer, Any City Pool)	\$10.00
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Citywide Aquatics Office  
3401 Riverside Drive | Los Angeles CA 90027 | (323) 906-7953  
[citywide.aquatics@lacity.org](mailto:citywide.aquatics@lacity.org) | [laparks.org/aquatics](http://laparks.org/aquatics)



FOLLOW US  
Swim in Los Angeles



It is the policy of the City of Los Angeles to provide access to its programs, services and activities for persons with disabilities in accordance with Title II of the Americans with Disabilities.

# LEARN TO SWIM

## GROUP LESSONS

**Preschool Aquatics:** 4 yrs. – 6 yrs. **Youth:** 7 yrs. – 17 yrs. **Adult:** 18 & older

Registration takes place one week before session start date.

<u>YOUTH LESSONS</u>		<u>\$40.00</u>	<u>SESSION DATES</u>	
Beginner/ Intermediate	Mon. - Fri.	11:00 a.m. - 11:25 a.m.	Session 1	June 19- June 30
Preschool/ Adv. Beg.	Mon. - Fri.	11:30 a.m. - 11:55 a.m.	Session 2	July 3 - July 14
Water Conf./ Swimmer	Mon. - Fri.	12:00 p.m. - 12:25 p.m.	Session 3	July 17 - July 28
Preschool/ Adv. Beg.	Mon. - Fri.	12:30 p.m. - 12:55 p.m.	Session 4	July 31 - Aug 11
(See Pool Clerk for Session dates)			<b>(Late Afternoon Lessons ONLY)</b>	
Water Confidence	Mon. & Wed. & Fri.	4:00 p.m. - 4:25 p.m.	Session 5	Aug 14 - Aug 25
Beginner	Mon. & Wed. & Fri.	4:30 p.m. - 4:55 p.m.		
Preschool Aquatics	Mon. & Wed. & Fri.	5:00 p.m. - 5:25 p.m.		
Advance Beginner	Tue. & Thu.	4:00 p.m. - 4:25 p.m.		
Intermediate	Tue. & Thu.	4:30 p.m. - 4:55 p.m.		
Preschool Aquatics	Tue. & Thu.	5:00 p.m. - 5:25 p.m.		

## ADULT LESSONS

\$50.00

(See Pool Clerk for Session dates)

Beginner	Mon. & Wed. & Fri.	5:30 p.m. - 5:55 p.m.
Intermediate	Tue. & Thu.	5:30 p.m. - 5:55 p.m.

**Preschool Aquatics (Level 1 to 3):** Basic water safety, youth must be accompanied by an adult.

**Water Confidence (Level 1):** Water safety & basic skills including kicking, breathing & floating.

**Beginner (Level 2):** Intro to freestyle & backstroke.

**Adv. Beginner (Level 3):** Dolphin kick, proper breathing, diving, elementary freestyle & backstroke.

**Intermediate (Level 4):** Intro to breaststroke, sidestroke, butterfly, flip turns & diving.

**Swimmer (Level 5):** Refine strokes & improve conditioning.

## PRIVATE & SEMI-PRIVATE LESSONS

Private & Semi-Private lessons provide personalized instruction for adults and youth ages 4 and up. Participants must register for a minimum of four lessons. (See Pool Clerk for details)

### PRIVATE LESSONS

Youth, Adult, Senior, Adaptive  
1 Private Lesson: \$27.00  
4 Private Lessons = \$108.00

### SEMI-PRIVATE LESSONS (2 Students only)

Youth, Adult, Senior, Adaptive  
1 Semi-Private Lesson: \$40.00  
4 Lessons = \$160.00

Make checks payable to: **L.A. City Department of Recreation and Parks.** No refunds unless a class is canceled. All refunds will be assessed an administration fee.

# JOIN OUR TEAMS

## NOVICE TEAM SPORTS AGES (7-17)

**Registration: \$45.00 for one program, \$40.00 for each additional program**

Team Sports and Junior Lifeguard Registration is Sunday, June 11, 2017 at 10:00 a.m.

Participants must demonstrate an intermediate level of swimming. Participants compete in Department-sponsored swim competitions. All meet times and locations will be announced.

### **SPRINGBOARD DIVING**

June 19- Mid-August

Mon. - Fri. 4:00 p.m. - 5:00 p.m.

### **SYNCHRONIZED SWIMMING**

June 19- Mid-August

Mon. - Fri. 5:00 p.m. - 6:00 p.m.

### **SWIMMING**

June 19- Mid-August

Mon. - Fri. 1:00 p.m. - 2:00 p.m.

**The LA84 Foundation** (a legacy of the 1984 Olympic Games) provides limited sponsorships for the **NOVICE SWIMMING TEAM ONLY.** Sponsorships are available on a first come, first served basis.



## **JUNIOR LIFEGUARD PROGRAM - \$40.00**

June 19- August 11

Mon. - Fri. 3:00 p.m. - 4:00 p.m.

Youth between **10-17 years** of age have an opportunity to improve their swimming skills, learn basic understanding of water rescue, first aid, beginning and intermediate snorkeling and canoeing skills. **Enrollment is limited.**

We have a joint-partnership with Kaiser Permanente for our Junior Lifeguard program. Sponsorships are available on a first come, first served basis.



Persons with disabilities are encouraged to participate in our programs and classes. Reasonable accommodations will be made with prior arrangements.