

# **CLASSES AND ACTIVITIES**

## **Lunch Program**

Monday thru Friday 11:00 AM - 12:30 PM

## **Art Group**

Tuesday 1:00 PM

Leader: Kathy Metz

## **Book Club (Mysteries)**

3rd Tuesday of month

10:00 AM

Leader: Joneen Burrell

Hybrid

### Chair Yoga

Friday

10:45 AM

Leader: George Finley

Virtual

### **Folk Dancing**

Tuesday

1:30 PM

Leader: Stefani Rosenburg

### **Hiking Group**

Friday

9:00 AM

Leader: Fontaine Goorwitch

## Book Club (Novels)

2nd Tuesday of month

10:00 AM

Leader: Joneen Burrell

Hybrid

## **Bridge**

Monday & Wednesday

1:00 PM

Leader: Phyllis Esslinger

### Classic Movie Day

Every other Tuesday

12:45 PM

Leader: Mark Johnson

### **Folk Singing**

Thursday

1:00 PM

Leader: Jay Smith

### **Hula Dancing**

Wednesday (Virtual)

12:00 PM

Friday (at GPACC)

10:00 AM

Leader: Alicia Lumarque

## CLASSES AND ACTIVITIES CONT...

## **Latin Dancing**

Tuesday

10:00 AM

Leader: Maria Cambero

### Mah Jong

Thursday

10:00 AM

Leader: Janice Osumi

### **Rummy Tiles**

Monday

12:30 PM

Leader: Fontaine Goorwitch

#### Stretch & Balance

Monday (at GPACC)

9:30 AM

Wednesday (Virtual)

10:00 AM

Leader: Alicia Lumarque

## Yoga

Monday

10:45 AM

Leader: George Finley

\$25 per month

### **Line Dancing**

Thursday

9:30 AM

Leader: Mike Bendavid

\$30 per month

### **Needlecraft**

Thursday

11:00 AM

Leader: Elke Allwelt Miyahara

## **Spanish Folk Singing**

Tuesday

12:30 PM

Leader: Stefani Rosenburg

#### Socrates Café & Current Events

Topic alternates every other Friday

1:00 PM

Leader: Don Curran & Peter Bonerz

Hybrid



