



# INSTRUCTION

INSTRUCTION NO.

902

DATE

01/29/14

SUBJECT:

UNIFORM AND GROOMING REQUIREMENTS FOR  
PART-TIME LIFESA VING PERSONNEL

MANUAL

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## I. POLICIES FOR WEAR AND CARE OF UNIFORM

### A. Requirements for wearing Waterside Uniform

1. All lifesaving staff must wear issued bathing suit, trunks, T-shirt, fanny pack with personal protective equipment (PPE), whistle, and wide brim hat while on duty.
2. Lifesaving staff may remove uniform items as necessary to perform swim assists and rescues.
3. Lifesaving staff may remove shirt, hat and fanny pack with PPE, while in the water performing demonstrations for lessons or team sports or while performing maintenance duties in the water.
4. The uniform standard for ON or OFF-duty lifesaving personnel engaged in physical training at a City of Los Angeles facility is to adhere to the existing public standard for swim attire. The **display** of the lifeguard-logo on **training** apparel is prohibited.
5. ~~Uniform standards are enforced both in terms of requiring provided items, such as those listed as issued items and non provided items, such as footwear and sunglasses to be worn while performing regular lifesaving duties.~~ Uniform items determined to be unsafe or unprofessional by Division management will be disallowed. The following items are disallowed as part of the regular lifesaving uniform:
  - a) Body piercing jewelry or ornamentation
  - b) Finger and toe rings (exception is a plain wedding band)
  - c) Necklaces, chains or lanyards worn around the neck
  - d) Unstructured "flip flops" which provide no traction or support

### B. Care for Waterside Uniform

1. Uniform must be kept clean, neat and in good repair. Employees are responsible for requesting new uniform items when old items need replacing.
2. Uniforms are not to be left overnight at the facility, unless security is assured and approved by supervision. Uniforms stolen from the facility will be replaced at the employee's expense and the employee will not be allowed to work without the proper uniform, in addition to being subject to corrective action.



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## II. PERSONAL GROOMING

- A. Long hair should be tied back away from the face and contained in such a manner as to enable a rescuing lifeguard to swim in the water and provide rescue breathing in an emergency.
- B. Fingernails must be trimmed to enable the lifeguard to maintain a complete grip on objects without risk to a potential victim or the employee.