

# Wellness Program Now Hiring Instructors!!



## City of Los Angeles - Department of Recreation & Parks



The City of Los Angeles Department of Recreation and Parks (RAP) is now hiring instructors to teach older adult physical and wellness classes offered at many of our recreation facilities. Wellness Classes will run for eight-week sessions during each quarter throughout the year.

Please review the locations of the facilities as well as the Job description and qualifications we are seeking.

<b>Hours:</b>	Estimated 3-15 hours/week	
<b>Locations:</b>	Various recreation centers throughout the City of Los Angeles in the following Los Angeles communities: Green Meadows, Harbor Gateway, Central-Alameda, Wilmington, Harvard Park, Pico-Union, Exposition Park and City areas in between.	
<b>Job Description:</b>	We are seeking Instructors with experience in one or more of the following samples of classes (CERTIFIED Instructors in all applicable disciplines.) Traveling to different park facilities will be required.	
	<b>YOGA</b>	<b>SALSA or DANCE</b>
	<b>ZUMBA</b>	<b>GUIDED MEDITATION</b>
	<b>TAI CHI</b>	<b>AEROBICS</b>
	<b>CORE CONDITIONING or FITNESS</b>	<b>PILATES</b>
<b>Qualifications:</b>	Must have <b>experience instructing and/or implementing instruction</b> at collegiate, and/or professional level in one or more of the above genres. <b>Must have reliable transportation</b> and be willing to travel to various parts of Los Angeles. <b>Must be available to work at least 2 hours</b> per week mornings and/or evenings. The ability to teach in multiple disciplines/genres is a plus, and <b>must be able to effectively teach older adults</b> . Ability to be punctual, autonomous, self-governing, and motivated towards excellence is highly desired. Must have current Driver's License.	
<b>Dates:</b>	To be determined upon availability of Instructor and class site	
<b>Pay Rate:</b>	Starting @ \$17.60 /hour with possible pay step increases	
<b>To Apply:</b>	Email Resumes to: Leslie Richter, Senior Citizen Section Division: <a href="mailto:leslie.richter@lacity.org">leslie.richter@lacity.org</a> (application process will include a verbal interview and a class setting audition.)	
<b>Last day to apply:</b>	Open until sufficient number of applicants received	