

# Cheviot Hills - Palms Spring 2012 List of All Classes

Online Registration begins on **Monday, March 19, 2012 at 12:01 a.m.**

Most classes began the week of Sunday, April 15, 2012.

*This list was updated 3/22/2012. Please visit the Online Activity Catalog for more information about these classes. All programs are subject to change.*

**C/T = Children & Teen Class      P/C = Parent & Child Class      A = Adult Class**

Day	Class #	Type	Class Name	Site	Instructor	Time	Ages	Fee/Wks	Start-End	No Class
Mon.	# 6140	P/C	Messes & Masterpieces	Cheviot	Barbara F.	10:00 - 10:45 a.m.	1-5	\$49/7	4/16-6/4	5/28
	# 6140	P/C	Messes & Masterpieces	Cheviot	Barbara F.	3:00 - 3:45 p.m.	1-5	\$49/7	4/16-6/4	5/28
	# 6300	C/T	Basketball Clinic	Cheviot	Todd G.	3:30 - 4:15 p.m.	5-7	\$49/7	4/16-6/4	5/28
	# 6300	C/T	Basketball Clinic	Cheviot	Todd G.	4:15 - 5:00 p.m.	8-12	\$49/7	4/16-6/4	5/28
	# 7150	A	Dancercise	Cheviot	Dee Dee M.	7:30 - 8:45 p.m.	18+	\$56/7	4/16-6/4	5/28
	# 6500	P/C	Toddler & Me Playtime	Palms	Karen D.	9:00 - 10:15 a.m.	25-35m.	\$70/7	4/16-6/4	5/28
	# 6510	P/C	Toddler & Me Playtime	Palms	Karen D.	10:45 - 12:00p.m.	14-24m.	\$70/7	4/16-6/4	5/28
	# 6520	P/C	Baby & Me Playtime	Palms	Karen D.	12:30 - 1:30 p.m.	2-13m.	\$70/7	4/16-6/4	5/28
	# 6510	P/C	Toddler & Me Playtime	Palms	Karen D.	3:30 - 4:45 p.m.	14-24m.	\$70/7	4/16-6/4	5/28
	# 6201	C/T	Storybook Cooking	Palms	Julia J.	12:30 - 1:15 p.m.	3-5	\$49/7	4/16-6/4	5/28
	# 6120	C/T	Soccer Clinic	Palms	Julia J.	1:30 - 2:15 p.m.	3-5	\$49/7	4/16-6/4	5/28
	# 6120	C/T	Soccer Clinic	Palms	David D.	4:00 - 4:45 p.m.	3-5	\$49/7	4/16-6/4	5/28
	# 6120	C/T	Soccer Clinic	Palms	David D.	5:00 - 5:45 p.m.	4-6	\$49/7	4/16-6/4	5/28
	# 6300	C/T	Tiny Tumbling	Palms	Laura F.	2:00 - 2:45 p.m.	3-5	\$49/7	4/16-6/4	5/28
	# 6300	C/T	Gymnastics & Fitness (Adv)** See Below	Palms	Laura F.	3:00 - 3:55 p.m.	7-12	\$49/7	4/16-6/4	5/28
	# 6300	C/T	Gymnastics & Fitness (Int/Adv)** See Below	Palms	Laura F.	4:00 - 4:45 p.m.	5-7	\$49/7	4/16-6/4	5/28
	# 6300	C/T	Tiny Tumbling	Palms	Laura F.	4:45 - 5:30 p.m.	3-5	\$49/7	4/16-6/4	5/28
	# 7010	A	Gentle Yoga (Beginner/Level 1)	Palms	Marcy K.	10:00 - 11:15 a.m.	18+	\$49/7	4/16-6/4	5/28
# 7010	A	Gentle Yoga (Beginner/Level 1)	Palms	Marcy K.	6:00 - 7:15 p.m.	18+	\$49/7	4/16-6/4	5/28	
# 7010	A	Yoga (All Levels)	Palms	Marcy K.	7:30 - 9:00 p.m.	18+	\$49/7	4/16-6/4	5/28	
# 6600	A	Adult Acting Workshop <b>NEW!</b>	Palms	Michelle D.	7:15 - 8:45 p.m.	18+	\$49/7	4/16-6/4	5/28	
Tue.	# 6080	C/T	Pee Wee Pre-Ballet	Cheviot	Carissa M.	3:00 - 3:45 p.m.	3	\$56/8	4/24-6/24	
	# 6080	C/T	Pre-Ballet/Pre-Tap	Cheviot	Carissa M.	4:00 - 4:45 p.m.	4-5	\$56/8	4/24-6/24	
	# 6080	C/T	Pre-Ballet/Pre-Tap	Cheviot	Carissa M.	5:00 - 5:45 p.m.	4-5	\$56/8	4/24-6/24	
	# 6080	C/T	Ballet	Cheviot	Carissa M.	6:00 - 6:45 p.m.	6-8	\$56/8	4/24-6/24	
	# 7290	A	Palms Fit Program	Palms	Brooke P.	8:30 - 9:45 a.m.	18+	\$40/8	4/17-6/5	
	# 6900	P/C	Two's Transition*	Palms	Tanya S.	9:15 - 10:30 a.m.	20-36m.	\$162/9	4/17-6/12	
	# 6900	P/C	Two's Transition*	Palms	Tanya S.	10:45 - 12:00 p.m.	20-36m.	\$162/9	4/17-6/12	
	# 6170	C/T	1-2-3 Games	Palms	Tara P.	12:30 - 1:15 p.m.	3-5	\$56/8	4/17-6/5	
	# 6340	C/T	Basketball Clinic (Indoor/Outdoor)	Palms	David D.	4:00 - 4:45 p.m.	3-4	\$56/8	4/17-6/5	
	# 6340	C/T	Basketball Clinic (Indoor/Outdoor)	Palms	David D.	4:45 - 5:30 p.m.	4-6	\$56/8	4/17-6/5	
	# 6160	C/T	Having Fun in Chinese - Level 1 & 2	Palms	Annie F.	3:30 - 4:15 p.m.	4-7	\$56/8	4/17-6/5	
	# 6160	C/T	Having Fun in Chinese - Conversational**	Palms	Annie F.	4:30 - 6:00 p.m.	5-8	\$96/8	4/17-6/5	
	# 7010	A	Gentle Yoga (Beginner/Level 1)	Palms	Marcy K.	6:00 - 7:15 p.m.	18+	\$56/8	4/17-6/5	
# 7015	A	Yo-Pi (Yoga/Pilates - All Levels)	Palms	Marcy K.	7:30 - 8:45 p.m.	18+	\$56/8	4/17-6/5		
Wed.	# 6111	P/C	A Little Bit of Everything	Palms	Frankie G.	9:00 - 9:45 a.m.	3-5	\$56/8	4/18-6/6	
	# 6701	P/C	Hooked on Fitness	Palms	Frankie G.	10:00 - 10:45 a.m.	2-4	\$56/8	4/18-6/6	
	# 6750	P/C	Balls! Balls! Balls!	Palms	Frankie G.	11:00 - 11:45 a.m.	2-4	\$56/8	4/18-6/6	
	# 6987	C/T	Preschool Sports and Games	Palms	Frankie G.	12:30 - 1:15 p.m.	3-5	\$56/8	4/18-6/6	
	# 6120	C/T	Soccer Clinic	Palms	David D.	4:00 - 4:45 p.m.	4-5	\$56/8	4/18-6/6	
	# 6120	C/T	Soccer Clinic	Palms	David D.	5:00 - 5:45 p.m.	4-5	\$56/8	4/18-6/6	
	# 6300	P/C	Tiny Tumbling	Palms	Laura F.	2:00 - 2:45 p.m.	3-5	\$49/7	4/18-6/6	5/30
	# 6300	C/T	Gymnastics & Fitness (Beg/Int)	Palms	Laura F.	3:00 - 3:45 p.m.	5-7	\$49/7	4/18-6/6	5/30
	# 6300	C/T	Gymnastics & Fitness (Beg/Int)	Palms	Laura F.	3:45 - 4:40 p.m.	6-11	\$49/7	4/18-6/6	5/30
	# 6300	C/T	Tiny Tumbling	Palms	Laura F.	4:45 - 5:30 p.m.	3-5	\$49/7	4/18-6/6	5/30
	# 6210	C/T	Jardin - Spanish (Previous Experience Req.)	Palms	Sandra P.	3:30 - 4:15 p.m.	6-8	\$56/8	4/18-6/6	
	# 7015	A	Gentle Yo-Pi (Beginner/Level 1)	Palms	Marcy K.	10:00 - 11:15 a.m.	18+	\$56/8	4/18-6/6	
	# 7010	A	Gentle Yoga (Beginner/Level 1)	Palms	Marcy K.	6:00 - 7:15 p.m.	18+	\$56/8	4/18-6/6	
	# 7110	A	Aikido Jujitsu (Spring Session)	Palms	Monty/Judy	6:30 - 8:30 p.m.	18+	\$45/10	3/14-5/16	
# 7020	A	Zumba <b>NEW!</b>	Palms	Keiko Y.	7:45 - 8:45 p.m.	18+	\$56/8	4/18-6/6		

\* This class meets on both Tuesdays AND Thursdays at either 9:15 a.m. or 10:45 a.m. Call the recreation center office at 310.838.3838 to enroll.

\*\* Registration must be approved by instructor. Call the recreation center office at 310.838.3838 to enroll.

For more detailed information regarding these classes (such as class descriptions) and other programs we offer (such as sports and special events), please visit our website at: <http://www.laparks.org/dos/reccenter/facility/palmsRC.htm> (Palms website) or <http://www.laparks.org/dos/reccenter/facility/cheviotHillsRC.htm> (Cheviot Hills website). You will also find a link labeled "ONLINE ACTIVITY CATALOG" on these websites, which will direct you to the site used for Online Registration.



Day	Class #	Type	Class Name	Site	Instructor	Time	Ages	Fee/Wks	Start-End	No Class
Thu.	# 7290	C/T	Fitness Movement for Kids	Cheviot	Sally R.	12:30 - 1:15 p.m.	3-5	\$56/8	4/19-6/7	
	# 6110	C/T	ABC Preschool	Cheviot	Sally R.	1:15 - 2:00 p.m.	4-5	\$56/8	4/19-6/7	
	# 6115	A	Palms Fit Program	Palms	Brooke P.	8:30 - 9:45 a.m.	18+	\$40/8	4/19-6/7	
	# 6900	P/C	Two's Transition*	Palms	Tanya S.	9:15 - 10:30 a.m.	20-36m.	\$162/9	4/17-6/12	
	# 6900	P/C	Two's Transition*	Palms	Tanya S.	10:45 - 12:00 p.m.	20-36m.	\$162/9	4/17-6/12	
	# 6976	C/T	Music, Movement & Games	Palms	Julia J.	12:30 - 1:15 p.m.	3-5	\$56/8	4/19-6/7	
	# 6988	C/T	Preschool Arts & Crafts <b>NEW!</b>	Palms	Julia J.	1:30 - 2:15 p.m.	3-5	\$56/8	4/19-6/7	
	# 6110	C/T	Basic Drawing	Palms	David D.	4:00 - 4:45 p.m.	5-8	\$56/8	4/19-6/7	
	# 6115	C/T	Pastels for Beginners	Palms	David D.	5:00 - 5:45 p.m.	5-8	\$56/8	4/19-6/7	
	# 7010	A	Yoga (All Levels)	Palms	Marcy K.	6:00 - 7:30 p.m.	18+	\$56/8	4/19-6/7	
Fri.	# 6140	P/C	Messes & Masterpieces	Cheviot	Barbara F.	10:00 - 10:45 a.m.	1-5	\$56/8	4/20-6/8	
	# 6140	P/C	Messes & Masterpieces	Cheviot	Barbara F.	3:00 - 3:45 p.m.	1-5	\$56/8	4/20-6/8	
	# 6300	C/T	Benchwarmer's Basketball	Cheviot	Joe B.	3:45 - 5:00 p.m.	9-13	\$35/9	4/20-6/15	
	# 6050	C/T	Clay is for Me!	Cheviot	Barbara F.	4:00 - 5:30 p.m.	7-12	\$80/8	4/20-6/8	
	# 7010	A	Yoga (All Levels)	Palms	Marcy K.	10:00 - 11:30 a.m.	18+	\$56/8	4/20-6/8	
	# 6967	C/T	Baking 4 Beginners <b>NEW!</b>	Palms	Allie A.	3:00 - 4:30 p.m.	8-12	\$96/8	4/20-6/8	
	# 6450	C/T	Parent & Me - Kiddie Clay	Palms	Marsha B.	3:30 - 4:15 p.m.	4-7	\$56/8	4/20-6/8	
	# 6300	C/T	Tiny Tumbling	Palms	Laura F.	3:00 - 3:45 p.m.	3-5	\$42/6	4/20-6/8	5/11, 5/25
	# 6300	C/T	Gymnastics & Fitness (Beg/Int)	Palms	Laura F.	3:45 - 4:30 p.m.	5-7	\$42/6	4/20-6/8	5/11, 5/25
# 6300	C/T	Gymnastics & Fitness (Int/Adv)***	Palms	Laura F.	4:35 - 5:30 p.m.	6-11	\$42/6	4/20-6/8	5/11, 5/25	
Sat.	# 7130	C/T	Relax with Clay	Cheviot	Barbara F.	11:30 - 1:00 p.m.	13+	\$80/8	4/21-6/9	
	# 6230	C/T	Pastel & Acrylic Painting	Palms	Anna M.	9:30 - 10:15 a.m.	6-8	\$56/8	4/21-6/9	
	# 6240	C/T	Drawing	Palms	Anna M.	10:15 - 11:00 a.m.	6-8	\$56/8	4/21-6/9	
	# 6230	C/T & A	Pastel & Acrylic Painting	Palms	Anna M.	11:00 - 12:00 p.m.	9+	\$56/8	4/21-6/9	
	# 6240	C/T & A	Drawing	Palms	Anna M.	12:00 - 1:00 p.m.	9+	\$56/8	4/21-6/9	
	# 6600	C/T	Children's Acting Workshop <b>NEW!</b>	Palms	Michelle D.	1:00 - 2:00 p.m.	4-5	\$56/8	4/21-6/9	
	# 6600	C/T	Children's Acting Workshop <b>NEW!</b>	Palms	Michelle D.	2:00 - 3:00 p.m.	6-9	\$56/8	4/21-6/9	
	# 6600	C/T	Youth Acting Workshop <b>NEW!</b>	Palms	Michelle D.	3:00 - 4:30 p.m.	10-14	\$84/8	4/21-6/9	
	# 6160	C/T	Having Fun in Chinese - Level 1	Palms	Annie F.	12:30 - 1:15 p.m.	3-5	\$56/8	4/21-6/9	
	# 6160	C/T	Having Fun in Chinese - Level 1 & 2	Palms	Annie F.	1:30 - 2:15 p.m.	4-7	\$56/8	4/21-6/9	
	# 6160	C/T	Having Fun in Chinese - Level 1	Palms	Annie F.	2:30 - 3:15 p.m.	3-5	\$56/8	4/21-6/9	
	# 6160	C/T	Having Fun in Chinese - Intermediate	Palms	Annie F.	3:30 - 4:15 p.m.	6-11	\$56/8	4/21-6/9	
	# 6171	C/T & A	Aikido & Jujitsu (Spring Session)	Palms	Monty/Judy	10:30 - 12:30 p.m.	7+	\$45/10	3/24-5/26	
Sun.	# 7110	A	Tai Chi	Cheviot	Judy H.	10:30 - 12:00 p.m.	18+	\$64/8	4/15-6/3	
	# 6160	C/T	Having Fun in Chinese - Level 2	Palms	Annie F.	1:30 - 2:15 p.m.	5-7	\$56/8	4/15-6/3	
	# 6160	C/T	Having Fun in Chinese - Level 1	Palms	Annie F.	2:30 - 3:15 p.m.	6-11	\$56/8	4/15-6/3	
	# 6160	C/T	Having Fun in Chinese - Level 1	Palms	Annie F.	3:30 - 4:15 p.m.	3-5	\$56/8	4/15-6/3	
	# 6109	C/T & A	Oil Painting (Intermediate)	Palms	Anna M.	12:00 - 2:00 p.m.	10+	\$96/8	4/15-6/3	
	# 6109	C/T & A	Oil Painting (Beginner)	Palms	Anna M.	2:15 - 4:15 p.m.	10+	\$96/8	4/15-6/3	

\* This class meets on both Tuesdays AND Thursdays at either 9:15 a.m. or 10:45 a.m. Call the recreation center office at 310.838.3838 to enroll.  
 \*\*\* 2+ years of gymnastics experience necessary to enroll.

**PIANO/GUITAR LESSONS @ PALMS RC**  
**ONLINE REGISTRATION BEGINS: MARCH 19**  
**USE ACTIVITY # 6005 AGES: 6+**  
 Lessons begin the week of Sunday, April 15, 2012.  
 Days Times Fee  
 Tue.-Sun. Times vary depending on day and instructor \$112/8 weeks

**TWO'S TRANSITION @ PALMS RC**  
**AGES: 20 MONTHS - 3 YEARS**  
**ONLINE REGISTRATION FOR**  
**2012-2013 SCHOOL YEAR BEGINS: JUNE 11**  
 Class begins Tuesday, September 18, 2012.  
 Days Times Fee  
 Tue. & Thu. 9:15 or 10:45 a.m. \$198/11 weeks

Call the office for more info!

**The classes and programs in this flyer may be subject to change or cancellation.**

Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements.

Achieving gender equity through a continuous commitment to girls and women in sports.

Good sportsmanship is everyone's responsibility. Be a good sport!

**Payments:** Payments are accepted by Visa or Mastercard credit cards, personal check or money order only. A collection fee will be charged for each check returned by the bank.

**Prorating:** There will be *no prorating* until the 4th week of classes. 20% of the original class fee will be deducted thereafter.

**Refund Policy:** Full refunds are only issued when the Recreation Center cancels the activity. A 15% cancellation fee is assessed for all refunds. Changes or transfers per class, sports league or day camp registration may be assessed additional fees. After the first day of a session, the Recreation Center issues a partial refund to patrons withdrawing from the activity.