

FALL CLASSES

GYMNASTICS I	3 - 5YRS	MON	6:30 - 7:15P	\$50
GYMNASTICS II	6 - 12YRS	MON	7:15 - 8:00P	\$50
GYMNASTICS III	6 - 12YRS	MON	8:00 - 8:45P	\$50
KARATE	5- ADULT	TUES	4:00 - 4:45P	\$25
TENNIS I	8 - 11YRS	TUES	4:30 - 5:15P	\$40
BASKETBALL CLINIC	6 - 8YRS	WED	5:15 - 6:00P	\$25

**CLASSES START WEEK OF OCTOBER 5TH
(8) WEEK SESSION.**

**NO CLASSES HELD ON HOLIDAYS.
PARTICIPANTS MUST MEET AGE REQUIREMENTS
FOR ALL CLASSES.**

TREGNAN GOLF ACADEMY

JUNIOR GOLF PROGRAM WITH
TRANSPORTATION
CLASSES ARE FROM 5:45PM - 7:15PM
CLASSES ARE HELD ON WEDNESDAYS
AGES 7 TO 17 YEARS
COST: \$35.00 PER PARTICIPANT
CLASSES ARE FOR (10) TEN WEEKS
FOR MORE INFORMATION CALL: (323) 906-3858

SPECIAL EVENTS - HALLOWEEN

SUNLAND RECREATION CENTER AND THE SUNLAND - TUJUNGA KAWANIS CLUB

***RIDES* *GAMES* *PRIZES*
FOOD *FUN***

**PROCEEDS BENEFIT PARK PROGRAMS
AND LOCAL CHARITIES**



**FRIDAY - SATURDAY - SUNDAY
OCTOBER 30, 31 AND NOVEMBER 1
FOR FURTHER INFORMATION CONTACT THE
SUNLAND RECREATION CENTER.**

WINTER YOUTH BASKETBALL 2010

**REGISTRATION STARTS ON SATURDAY,
OCTOBER 17TH, 2009.**

FOR GIRLS AND BOYS AGES 6 - 8 YEARS

**THIS BASKETBALL PROGRAM IS A NON-
COMPETITIVE YOUTH SPORTS PROGRAM WHICH
IS STRUCTURED AROUND THE FUNDAMENTALS
OF THE GAME OF BASKETBALL**



\$ 90.00 PER PLAYER

**EVALUATIONS ARE MANDATORY FOR ALL
PARTICIPANTS**

EVALUATION DATE AND TIME

WEDNESDAY, DECEMBER 2ND AT 5:30PM

MAKE UP DATE FOR EVALUATIONS

SATURDAY, DECEMBER 5TH AT 10:00AM

VOLUNTEERS ARE NEEDED FOR THIS PROGRAM

**"THE CLASSES AND PROGRAMS IN THIS BROCHURE
MAY BE SUBJECT TO CANCELLATION"**

THERE ARE NO CREDITS, TRANSFERS OR REFUNDS.

SUNLAND SENIOR CITIZEN CENTER

CLASS / ACTIVITY	DAY	TIME
WALKING FOR HEALTH	MONDAY	9:30AM
EXERCISE VIDEO	MONDAY	10:00AM
NUTRITION PROGRAM	MONDAY	11:30AM
MONDAY MOVIE	MONDAY	12:15PM

CARD PLAYING	TUESDAY	9:00AM
KNITTING/CROCHET	TUESDAY	10:00AM
NUTRITION PROGRAM	TUESDAY	11:30AM
LINE DANCING	TUESDAY	12:30PM
SIT - SIP AND STICH	TUESDAY	12:00PM
QUILTING CLUB	TUESDAY	1:00PM

CARD PLAYING	WEDNESDAY	9:00AM
FOOTHILL FUNSTERS	WEDNESDAY	9:00AM
KNITTING/CROCHET	WEDNESDAY	10:00AM
NUTRITON PROGRAM	WEDNESDAY	11:30AM
BINGO	WEDNESDAY	12:30PM

CARD PLAYING	THURSDAY	9:00AM
SENIOR CLUB	THURSDAY	9:00AM
WALKING FOR HEALTH	THURSDAY	10:00AM
NUTRITION PROGRAM	THURSDAY	11:30AM
BINGO	THURSDAY	12:30PM

CARD PLAYING	FRIDAY	9:00AM
WALKING FOR HEALTH	FRIDAY	9:30AM
EXERCISE VIDEO	FRIDAY	10:00AM
NUTRITION PROGRAM	FRIDAY	11:30AM
CREATIVE CRAFTS	FRIDAY	12:00PM
FRIDAY MOVIE	FRIDAY	12:15PM

SENIOR NUTRITION PROGRAM IS A LOW COST, HOT
MEAL SERVED DAILY. COST IS \$2.50 PER PERSON.

TRANSPORTATION INFORMATION

**CITY RIDE: (818) 908-1901
FOOTHILL SHUTTLE: (818) 808-7433**

**FOR ADDITIONAL INFORMATION
REGARDING PROGRAMS FOR SENIOR
CITIZENS, PLEASE CALL THE
SUNLAND SENIOR CENTER AT
(818) 353-9571
8640 FENWICK AVENUE**

SUNLAND RECREATION CENTER AND SENIOR
CENTER THANKS THE NUMEROUS VOLUNTEER
COACHES, PARK ADVISORY BOARD MEMBERS,
VNOC MEMBERS, LIONS CLUB MEMBERS,
KIWANIS CLUB MEMBERS, CHAMBER OF COM-
MERCE MEMBERS, COUNCIL DISTRICT #2 STAFF
AND COUNCIL MEMBER FOR YOUR CONTINUED
SUPPORT IN THE COMMUNITY.

SUNLAND SKATE PARK

HOURS OF OPERATION: MONDAY THRU SUNDAY:
9:30AM TO SUNSET. SKATE PARK WILL BE
CLOSED ON ALL HOLIDAYS AND DURING INCLEM-
ENT WEATHER. STAFF RESERVES THE RIGHT TO
CLOSE THE FACILITY FOR ANY REASON.

SKATE PARK RULES

- SKATEBOARDS AND IN-LINE SKATES ONLY ARE TO BE USED INSIDE THE SKATING AREA.
- HELMETS, ELBOW PADS AND KNEE PADS ARE REQUIRED FOR ALL SKATERS - STATE LAW.
- NO INDIVIDUALS ARE ALLOWED IN THE SKATING AREA DURING WET CONDITIONS.
- ONLY SKATERS WITH PROPER SAFETY GEAR ARE ALLOWED IN THE SKATE PARK FACILITY.
- PERSONS ENTERING THE SKATEPARK FACILITY WHEN CLOSED WILL BE SUBJECT TO TRESSPASSING AND MAY BE PROSECUTED BY THE AUTHORITIES.
- BICYCLES, SCOOTERS OR ANY MOTORIZED VEHICLES ARE NOT ALLOWED IN THE FACILITY AT ANYTIME.
- THIS SKATE PARK IS UN-STAFFED AND SKATERS ARE TO SKATE SAFELY AND RESPONSIBLY AT ALL TIMES.
- THE CITY OF LOS ANGELES DOES NOT ASSUME ANY LIABILITY FOR ANY INJURIES.
- SKATERS ARE TO SKATE AT THEIR OWN RISK AND RESPECT OTHERS WHILE AT THE SKATEPARK.
- **SKATEBOARDING IS A HAZARDOUS RECREATIONAL ACTIVITY. USE OF THIS FACILITY MAY RESULT IN DEATH, PARALYSIS, BRAIN DAMAGE, CONCUSSION, BROKEN BONES OR OTHER**

RAISE THE BAR

"ACHIEVING GENDER EQUITY THROUGH A CONTINUOUS COMMITMENT TO GIRLS AND WOMEN IN SPORTS".

CHARACTER COUNTS

PURSUING VICTORY WITH HONOR,
DEMONSTRATING AND BUILDING CHARACTER
THROUGH SPORTS, GOOD SPORTSMANSHIP IS
EVERYONE'S RESPONSIBILITY.

PERSONS WITH DISABILITIES

"PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS.
REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS".

THE DEPARTMENT OF RECREATION AND PARKS IS PROUD TO BE PART OF THE MAYOR'S MILLION TREES LA INITIATIVE

CITY OF LOS ANGELES

ANTONIO R. VILLARAIGOSA, MAYOR
VACANT, COUNCILMEMBER 2ND DISTRICT

DEPARTMENT OF RECREATION AND PARKS

BOARD OF COMMISSIONERS

BARRY A. SANDERS, PRESIDENT
LUIS A. SÁNCHEZ, VICE-PRESIDENT
JUDITH VALLES, CANDY SPELLING AND
JOHNATHAN WILLIAMS

DEPARTMENT OF RECREATION AND PARKS

ADMINISTRATION

JON KIRK MUKRI, GENERAL MANAGER
REGINA ADAMS, EXECUTIVE OFFICER
KEVIN REGAN, ASSISTANT GENERAL MANAGER /
OPERATIONS WEST

VALLEY REGION

RAMON BARAJAS, ACTING SUPERINTENDENT
CHARLES SINGER, PRIN. REC. SUPERVISOR II
CARL COOPER, PRIN. REC. SUPERVISOR I
BARBARA PLEASANT, ACTING PRIN. GROUNDS
MAINTENANCE SUPERVISOR II
CHUCK RICHMOND, CONSTR./MAINT. SUPERVISOR II
RANDY KELLY, NORTH VALLEY DISTRICT SUPERVISOR

SUNLAND RECREATION CENTER STAFF

ROBERT M. WHITE, SENIOR RECREATION DIRECTOR I
JOHN KNIGHT, RECREATION COORDINATOR

RECREATION ASSISTANTS AND INSTRUCTORS

EDDIE ALVAREZ, GLORIA ESTRADA, RAY FINKS,
JIM HULBERT, BOB HULSE, CHARLES JOHNSON,
STEVE KIRKMAN, EDITH LOPEZ, MARISA MILANI,
AND CARLOS VILLARREAL

MAINTENANCE STAFF

FRANCISCO AUTRAN, GARDENER CARETAKER
LUIS RODRIGUEZ, GARDENER CARETAKER

IMPORTANT PHONE NUMBERS

LAPD/LAFD 911 PARK RANGERS (323) 913-4688

OFFICE OF PUBLIC SAFETY (213) 978-4670

COUNCIL DISTRICT #2 (818) 352-5287

SUNLAND SENIOR CENTER (818) 353-9571

CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

SUNLAND RECREATION CENTER

8651 Foothill Blvd., Sunland, CA
(818) 352-5282

FALL 2009 CLASSES AND PROGRAMS

FALL REGISTRATION BEGINS - MONDAY,
AUGUST 24TH, 2009
CLASSES START WEEK OF
OCTOBER 5TH, 2009

Registration hours at the recreation center:
Mondays: 9:30am - 8:00pm, Tuesdays: 9:30am -
4:30pm, Wednesdays: 1:00pm - 8:00pm,
Thursdays: 9:30am - 4:30pm, Fridays: 9:30am -
8:00pm and Saturdays: 9:30am - 12:00pm.

- All necessary registration forms must be filled out completely and full payment rendered to be registered in our classes and programs.
- No post dated checks are accepted.
- Make checks payable to: "City of L.A." Returned checks incur a \$35.00 service charge and maybe forwarded to the City Attorneys' Office for collection.
- Refund Policy: " A non-refundable 15% administrative fee will be accessed by the recreation center for any patron requesting a refund. There are no credits, prorating of fees or transfers of any kind."
- "The classes and programs in this brochure may be subject to cancellation".

For additional information: www.laparks.org