

# City of Los Angeles

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## Department of Recreation and Parks

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### **Ken Malloy Harbor Regional Park**

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Gilbert Espinosa, Senior Lead Gardener

## CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS



# Ken Malloy Harbor Regional Park

25820 S. VERMONT AVE.

HARBOR CITY, CA 90710

(310) 548-7728

FALL 2009

HOURS OF OPERATION: SUNRISE TO SUNSET

Administrative Office • Pacific Region Office

1670 Palos Verdes Drive North

Harbor City, CA 90710

(310) 548-7675



“Persons with disabilities are encouraged to participate in our classes and programs.”

“Reasonable accommodations can be made with prior arrangements.”

“The Department of Recreation and Parks is proud to be part of the Mayor’s Million Trees Initiative.”

## *INTRODUCTION*

Ken Malloy Harbor Regional Park is a 231-acre City of Los Angeles park located in Wilmington & Harbor City, California, just west of the Harbor (110) Freeway. The park houses Lake Machado and is a seasonal wetland, which is one of the last surviving remnants of an extensive wetlands system that once covered much of the area between Wilmington and Redondo Beach. While supporting active recreational use, the park is home for wildlife and native plants that require wetland habitat.

## *HISTORY OF HARBOR REGIONAL PARK*

Machado Lake was originally the site of two of the largest Southern California Native American villages: Saungna and Masaunga - "Place of many rushes." Providing food, water and rest for the many Indian traders from inland and up and down the coast, the area was close to the peninsula and coast villages and to the graveyard sites in San Pedro.

In 1542, Juan Rodriguez Cabrillo, sailed into San Pedro Bay on his exploration voyage up the coast. In exploring the land, Sebastian Vizaino gave the area northeast of Machado Lake the name Canada de Los Palos Verdes, "the canyon of the green trees." This natural flood plain slough was larger then, and surrounded by green trees, probably willows.

The archives of the County Natural History Museum have letters and documents showing ownership of the land. The Sepulveda's owned a house. Machado Lake was named for and sold to a wagon team driver who hauled freight from Mexico. Pico and Mc Adams were owners in the early 1800's. The Bixby brothers then purchased it in their acquisition of lands that are now part of Long Beach. Vermont Avenue, Pacific Coast Highway, Anaheim Street, and Figueroa Avenue bound the slough at that time. It was primarily an unimproved dumpsite, creating various hazards as well as unsightly views.



# ***Facilities and Services***

The Park contains a youth group camping facility for day use, picnic area, children's play areas, exercise par course, and bike path. There are two softball diamonds, soccer fields and a seasonal swimming pool. The lake is one to ten feet deep and in the past was stocked with catfish, bluegill, perch and bass.

## **Outdoor Campground - Camp Machado**

A camping adventure in a wildlife environment! This is an opportunity for youth groups (Boy Scouts, Girl Scouts, etc.) to experience outdoor camping. Enjoy the natural plants and wildlife within minutes of your home. Application for use of the campground may be obtained by calling (310) 548-7728.

## **Picnic Areas**

Enjoy a picnic with a serene, relaxing panoramic view of the lake. Group permits are required for groups over 20; most areas are first-come, first-serve. For reservations call (310) 548-7728.

## **Children's Play Areas**

With the NEW Universal Play Area, children can enjoy and learn to manipulate the many challenging apparatus provided. Children can observe from a distance the behaviors of the local and native ducks and other wildlife near the lake. Feeding of these animals is not permitted.

## **Sport Fishing (Only)**

Bring your equipment for fishing. A great location for children to learn fishing without the strong wind and cold that can be associated with ocean or coastal fishing. Observation of fishing rules as defined by the California Department of Fish and Game are required.

## **Walking & Hiking Trails**

There are large and small path trails throughout the park. Dogs are allowed, on leash only.

## **Bird Watching/Nature Walk:**

### **Sponsored by PV/SB Audubon**

Tours are available on the 2nd Sunday of each month at 8am. Tours are led by Naturalist Martin Byhower and/or other park experts, and lasts until approximately 11am. We meet in the parking lot at Anaheim and Vermont, on the Lake side, near the Anaheim St. entrance. Bring binoculars, sun protection, water, and wear shoes appropriate for hiking in possibly muddy areas. Small private group tours are also available. For more info contact 310 539-0050 or go the [www.birdingsocal.com](http://www.birdingsocal.com) website and check the calendar of events.

## **Softball and Soccer Fields**

Available for permit groups only. Evening groups may obtain permits for Monday-Friday evenings 6pm-10pm and Sundays from the Municipal Sports office by calling (213) 485-7611. Other groups may obtain permits for Monday-Friday 9:00 a.m. - 6:00 p.m. and Saturdays by calling (310) 548- 7728.

## **Bike Path**

Ride a bike over the lake! The bike path, goes under Anaheim St. through the southwest end of the Park, over the dam that bisects the lake, continues northeast through the Park, into Harbor College and out to "L" St.

## **Harbor Pool**

Keep yourself cool during the hot summer months. This is a seasonal pool and operates from late June - early September. Lessons are available. Call (310) 835-6590 for information.

## **Monthly Habitat Restoration Party -**

### **Lake Clean-Up:**

#### **Sponsored by Chadwick School & PV/SB Audubon**

On the 2nd Saturday of every month at 9am-12pm, join a dedicated and fun group of community members in restoring portions of the park to its native state, with Non-native plant removal, reintroduction of native species and nature preservation. We meet in the parking lot at Anaheim and Vermont, on the lake side, near the Anaheim St. entrance. For more info contact 310 539-0050 or go the [www.birdingsocal.com](http://www.birdingsocal.com) website and check the calendar of events.

# Park Regulations

Ken Malloy Harbor Regional Park is a wildlife sanctuary. All native birds, plants and animals are protected. Please do not feed the animals.

1. Dumping of trash or domestic animals is prohibited.
2. Removal, collecting, or hunting of animals or plants is prohibited.
3. Trash barrels are provided throughout the park. All users and groups are responsible for keeping the park grounds clean.
4. Wading or swimming in the lake is not allowed. Boats of any kind are prohibited.
5. Sport Fishing is allowed from shore only. It is not recommended to consume the fish.
6. Dogs are allowed on leash only on all park grounds. Please pick-up after your dog.
7. No amplified sound allowed without special City permit.
8. No jumpers or moon bounces without facility permit.
9. Large parties of 20+ must have picnic permit. Most picnic sites are first-come first-serve.
10. No horses, ponies or exotic animals allowed at the park.
11. No motorized, gas powered, or battery powered toys or vehicles allowed on Park property.
12. Alcoholic beverages are prohibited.
13. No organized sports allowed. Permits for Harbor Sports Center can be obtained by calling Municipal Sports Office - (213) 485-7611.

Thank you for your cooperation with the enforcement of these rules. They are set for the enjoyment of all that utilized the facility. For questions or additional rules and regulations please contact the park office at (310) 548-7728.

To report violations 24 hours a day call (213) 978-4670 - City of Los Angeles, Office of Public Safety.

In 1948, the San Pedro chapter of the Izaak Walton league launched a project to turn Bixby Slough into a recreational area for the community to use. The league took an active role because of their concern with the whole field of conservation, the land, the forest, the lakes, the streams and the interests in the field of industrial pollution. Through the years of work with federal, state, and local officials, the Izaak Walton League provided the much needed support in improving the slough.

The City of Los Angeles acquired Bixby Slough in 1953 and developed Harbor Regional Park under the supervision of the Department of Recreation and Parks. With the support of the Izaak Walton League, their efforts resulted in improving and preserving the fresh water lake, the creation of a wildlife sanctuary, and the development of a youth campground.

## PARK ADVISORY BOARD

The Harbor Regional Park Advisory Board meets the second Monday of each month at Kaiser Permanente Hospital, 25825 S. Vermont Ave. at 6:30 p.m. The main function of the board is to provide support and advise the City of Los Angeles, Department of Recreation and Parks on issues regarding Harbor Regional Park. The board is composed of Representatives from the Audubon Society, Government Agencies, Private & Corporate Companies, Citizen Advisors, and the Department of Recreation and Parks. Interested individuals are welcome to the meetings and active participation is encouraged. For more information please contact, Recreation Director at (310) 548-7728.