

## TEEN CLUB PROGRAMS

At Oakwood Recreation Center our Teen Club strives to provide a safe and resourceful environment to increase cultural and educational awareness through recreation programming and building youth community councils.

## STUDY TIME

### Study Hours

3:00 p.m.— 5:00 p.m.

### Study Resources Provided

- Computer Lab
- Educational Resources
- Homework Assistance
- Private/ Group Tutoring

## DROP IN

Monday thru Friday: 4:30 p.m. to 6:00 p.m.

- On field trip days, drop-in time varies, please check with staff.

## TEEN CLUB MEETINGS

Teen Club Meetings are held twice a month in the Teen Club Room. During these meetings, teens discuss different political, social, and personal issues effecting teens and their communities. We also have a Teen Council that plans and executes teen events.

## TEEN CLUB WORK SHOPS

### WEDNESDAY WORKSHOPS @ 4:00PM SEPTEMBER 23RD

**BASKETBALL TIPS FOR THE SERIOUS PLAYER**  
Tighten up your b-ball skills with the help of the infamous Karen Shirley. She will be giving shooting tips and demonstrations.

### SEPTEMBER 30TH

#### KNOW YOUR RIGHTS AS A STUDENT

Sit in on this captivating, informational workshop. Learn about your rights as a student. We will review important topics such as suspensions, trancies, and senior year requirements.

# CLASS PARKS

## TEEN CLUB CALENDAR

### SEPTEMBER

#### SEPTEMBER 16TH ~ TEEN COUNCIL MEETING

Council is scheduled to meet at 4pm. At this meeting we will be setting up all our upcoming events we will also discuss Winter activities and goals!!!

## FALL VOLUNTEER HOURS FOR TEENS

### SEPTEMBER—DECEMBER:

#### COACHES NEEDED FOR SOCCER OR GIRL'S BASKETBALL LEAGUE

\*Volunteer must be a Junior or Senior in High School. Must be available to hold practice for 1 hour during the week and 1 hour on Saturdays (Game Day). Must be available for the entire sport season. Season runs from the week of September 29 through the week of December 7, 2009. To sign up please contact (310) 452-7479 and speak with Ejjah Cooper, Rec. Coordinator.

### SEPTEMBER—DECEMBER:

#### TUTOR FOR AFTERSCHOOL CLUB

\*Volunteer must be a Junior or Senior in High School. Must be available to tutor children ages 6-11 Monday through Thursday from 4:00pm—6:00pm. Must be able to tutor a minimum of two days per week. To sign up, please contact (310) 452-7479 and speak with Ejjah Cooper, Rec. Coordinator.

### SATURDAY, OCTOBER 31ST

#### *HALLOWEEN MONSTER MASH ~ 9am - 7pm*

\*Volunteers will be needed for set-up, clean-up, and to run carnival games. Volunteer shifts will be scheduled in 4 hours increments throughout the day. Availability to volunteer for the full day is also an option. To sign up please contact (310) 452-7479 and speak with Ejjah Cooper, Recreation Coordinator.

### TUESDAY, NOVEMBER 24TH

#### *COMMUNITY THANKSGIVING DINNER ~ 3pm - 7pm*

\*Volunteers will be needed for set-up, clean-up, make side dishes, and distribute food throughout the evening. This volunteer opportunity will require student to be available from 3pm—6pm or 4pm-7pm. To sign up please contact (310) 452-7479 and speak with Ejjah Cooper, Rec. Coordinator.

### FRIDAY, DECEMBER 18TH, HOLIDAY TOY DRIVE 6PM-8PM

Volunteers will be needed to distribute toys at Martin Luther King Hospital to children who have been hospitalized. To sign up please contact (310) 452-7479 and speak with Ejjah Cooper.

## TEEN CLUB CLASSES

### MONDAY-FRIDAY

**Instructor:** Staff

#### (Times vary) **Computer Lab**

This class covers the broad use of the micro-computer in business and daily life! A great class for youth learning to create their resume as well as become familiar job search engines!

### TUESDAYS

**Class:** Sports Fitness

**Instructor:** Karen Shirley

**Time:** 4:00 p.m.

This is a physical fitness class for anyone who plays sports and is interested in improving quickness, strength, flexibility, better balance, and core strength.

### WEDNESDAYS WORKSHOPS @ 4:00PM

**Instructor:** Karen Shirley

Each week will focus on workshops that are necessary for each teen to know. From Sports Clinics to Financial Planning, one or more of these classes will be useful for you!

### THURSDAYS

**Class:** Cooking

**Instructor:** Karen Shirley

**Time:** 4:00 p.m.

A great way to learn how to cook dishes from around the world. The class will cover nutrition, menu planning, portion control and sanitation.

### FRIDAYS

3:00 p.m. Drop-In/Trips

Teens have access to the gym during drop-in hours and they can “hang out” in the teen room!

## FALL ADVENTURE TRIPS FOR TEENS

### OCTOBER 3RD

C.L.A.S.S Parks Adventure Trip  
Hiking along Local Mountain site.

### OCTOBER 17TH

C.L.A.S.S Parks Adventure Trip  
Fishing @ a Local Lake (More details to come).