

**CITY OF LOS ANGELES**  
**DEPARTMENT OF RECREATION AND PARKS**

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Sophia Pina-Cortez

**Principal Recreation Supervisor II**  
Lydia Ritzman

**Citywide Aquatics Division**

**Principal Recreation Supervisor I**  
Mary Bingham

**Aquatic Directors**  
Trish Delgado  
Jon Kopitzke

**Aquatic Facility Manager II**  
Carlos Espinoza

If you have a concern or a complaint about the facility or programs, please feel free to speak to the manager or contact the Citywide Aquatics Office at:

3401 Riverside Drive  
L.A., C.A., 90027  
(323) 906-7953  
citywide.aquatics@lacity.org

Revised: 9/16/09

**CITY OF LOS ANGELES**  
**DEPARTMENT OF RECREATION AND PARKS**  
**CITYWIDE AQUATICS DIVISION**

**ROOSEVELT**  
**SWIMMING POOL**

456 S. Mathews St.  
Los Angeles, CA 90033  
(213) 485 - 7391

**Fall 2009**

**Swimming Pool Hours**  
**Horas De Natatorio**

*\*Times subject to change without notice\**

Monday – Friday ..... 3:30 p.m. - 8:30 p.m.

Saturday & Sunday ..... 1:00 p.m. - 5:00 p.m.

**Lap Swimming Hours**  
**Horas De Ensayo**

Mon. – Fri..... (Limited Lanes) 3:30 p.m. - 8:30 p.m.

Saturday & Sunday ..... 1:00 p.m. - 5:00 p.m.

**Holiday Hours**  
**Horario De Dias Festivos**

Thanksgiving (Nov. 26) ..... Closed

Christmas Eve (Dec. 24) ..... 12:00 p.m. – 5:00 p.m.

Christmas (Dec. 25) ..... Closed

New Years Eve (Dec. 31) ..... 12:00 p.m. – 5:00 p.m.

New Years Day (Jan. 1) ..... Closed

[www.LAPARKS.org](http://www.LAPARKS.org)

Persons with disabilities are welcome to participate in our programs and classes. Reasonable accommodations will be made with prior arrangements.

**TEAM SPORTS**

Designed for entry-level competitors. Proof of age required. Participants compete in a department sponsored league. Participants must demonstrate an intermediate level swimming competency. Teams include Swimming and Diving. All meet times and locations will be announced.

Registration: \$30.00 for one team  
\$20.00 for additional team or family member



**NOVICE SWIM TEAM**

Length of Season ..... September – December

Workouts..... Monday, Wednesday, Friday, 5:00 p.m. – 6:30 p.m.

Age ..... 7 – 17

**DIVING**

Length of Season ..... September – December

Workouts..... Tuesday, Thursday 5:00 p.m. – 7:00 p.m.

Age ..... 7 – 17

**ADMISSION FEES**

CHILDREN*	(17 & Under)	FREE
ADULTS	(18 - 64)	\$2.50
ADULTS w/Library card		\$2.00
SENIORS	(65 & Up)	FREE
Persons with Disabilities		FREE

**\*NOTE:** Each child under 7 must be accompanied by an adult. The adult must be within one arm's length of the child at all times, whether on the pool deck or in the water. Children under the age of 4 must wear a swim diaper.

**PUBLIC SWIMMING** – Swim suits, swim trunks with liner (exception board shorts providing coverage), must be worn by persons in the pool area. No street clothing will be allowed during recreational swimming.

**LAP SWIMMING** - Adults may purchase discount lap swimming passes at \$55 for 30 admissions.

**AQUATIC FITNESS**

**ACONDICIONAMIENTO FISICO ACUATICO**

Offers low to high intensity workouts that promote cardiovascular fitness, conditioning, increased flexibility and range of motion. The techniques used in shallow water exercises are designed for swimmers and non-swimmers. Workouts are 45 minutes in length.

Walk-up registration ..... \$3.50

***Continuous Enrollment***

Classes start: Oct. 6, 2008

Shallow water workouts:..... Tues., Thurs.  
..... 6:00 p.m. – 6:45 p.m.

**LEARN-TO-SWIM LESSON REGISTRATION**

- Pre-registration for the session begins one week prior to the session start date.
- No telephone registration.
- Fees must be paid at the time of registration. **NO EXCEPTIONS.**
- Make checks payable to:  
**L.A. City Department of Recreation and Parks**
- No refunds unless a class is canceled.
- Lessons are 25 minutes in length.
- All refunds will be assessed an administrative fee.

**GROUP LESSONS CATEGORIES & REQUIREMENT**

**Parent/Child:** 4 yrs. – 6 yrs. **Children:** 7 yrs. – 17 yrs. **Adult:** 18 & older

**Parent/Child** – Children must be accompanied by an adult. Parent and child are introduced to basic water safety in a comfortable environment.

**Water Confidence** – Introduction to water safety and water acclimation. Buoyancy in water and basic skills will be taught. Kicking, breathing, and alternate arm action techniques are introduced.

**Beginner** – Continue to learn skills including front and back crawl and swimming in deep water.

**Advance Beginner** – Learn elementary backstroke and continue to improve on front and back crawl.

**Intermediate** – Learn breaststroke and sidestroke skills.

**Swimmer** – Refine strokes and learn additional aquatic skills such as butterfly stroke and springboard diving.

**Novice Teams** – See Manager

American Red Cross card showing proof of correct level may be required for swim lessons after Water Confidence. An evaluation to determine the student's correct level may be requested.

*\*The classes and programs in this brochure may be subject to cancellation\**

**PRIVATE & SEMI-PRIVATE LESSONS**

(Inquire with Pool Clerk or Manager for Scheduling)

Private & Semi-Private lessons provide personalized instruction to adults and youth ages 4 and older. Lessons are 25 minutes in length. Lesson schedule is based on staff availability. Registration rules apply and participants must register for a minimum of four lessons.

**PRIVATE LESSONS** : Adult, Child, Senior, Adaptive  
1 private lesson = \$20.00, 4 private lessons = \$80.00

**SEMI-PRIVATE LESSONS ( 2 students only )**

Adult, Child, Senior, Adaptive

\$16.50 per lesson per student x 2 students = \$33.00, 4 lessons = \$132.00

# LEARN TO SWIM

**GROUP LESSONS**

**MONDAY & WEDNESDAY**

6 lessons/3 weeks .....	YOUTH \$20.00
Session # 1 .....	Oct. 12 - Oct. 30
Session # 2 .....	Nov. 2 - Nov. 20
Session # 3 .....	Nov. 23 - Dec. 11

**TUESDAY & THURSDAY**

6 lessons/3 weeks .....	YOUTH \$20.00, ADULT \$40.00
Session # 1 .....	Oct. 13 - Oct. 29
Session # 2 .....	Nov. 3 - Nov. 19
Session # 3 .....	Nov. 24 - Dec. 10

**SATURDAY**

6 lessons/6 weeks .....	YOUTH \$20.00, ADULT \$40.00
Session # 1 .....	Oct. 17 - Nov. 21

**SUNDAY**

6 lessons/6 weeks .....	YOUTH \$20.00, ADULT \$40.00
Session # 1 .....	Oct. 18 - Nov. 22

**SWIMMING LESSONS**  
**LECCIONES DE NATACION**

**YOUTH / NIÑOS**

Water Confidence .....	Mon., Wed. ....	4:00 p.m. - 4:30 p.m.
Beginner.....	Mon., Wed. ....	4:30 p.m. - 5:00 p.m.
Advanced Beginner.....	Mon., Wed. ....	5:00 p.m. - 5:30 p.m.
Intermediate .....	Mon., Wed. ....	5:30 p.m. - 6:00 p.m.
Swimmer .....	Mon., Wed. ....	6:00 p.m. - 6:30 p.m.

**ADULT / ADULTOS**

Parent/Child .....	Tues. & Thurs. ....	5:30 p.m. - 6:00 p.m.
Non-Swimmer .....	Tues. & Thurs. ....	6:00 p.m. - 6:30 p.m.
Swimmer .....	Tues. & Thurs. ....	6:30 p.m. - 7:00 p.m.
Non-Swimmer .....	Saturday.....	1:30 p.m. - 2:00 p.m.
Swimmer .....	Saturday.....	1:00 p.m. - 1:30 p.m.
Non-Swimmer .....	Sunday.....	1:30 p.m. - 2:00 p.m.
Swimmer .....	Sunday.....	1:00 p.m. - 1:30 p.m.

**LIFEGUARD TRAINING (LAC-PAT)**

To be announced

**Lifeguard Testing**

Test upcoming in March 2010

**Location:**

John C. Argue Swim Stadium  
3980 S Menlo Ave.  
Los Angeles, CA 90037  
(213)763-0129