

CITY OF LOS ANGELES
DEPARTMENT OF RECREATION & PARKS

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Lydia Ritzman

Citywide Aquatics Division

Principal Recreation Supervisor I
Mary Bingham

Aquatic Directors
Trish Delgado
Jon Kopitzke

Aquatic Facility Manager II
Libert Welch

If you have a concern or a complaint about the facility or programs, please feel free to speak to the manager or contact the Citywide Aquatics Office at:

3401 Riverside Drive
L.A., CA 90027
(323) 906-7953
citywide.aquatics@lacity.org

Revised: 9/10/09

CITY OF LOS ANGELES
DEPARTMENT OF RECREATION AND PARKS
CITYWIDE AQUATICS DIVISION

CELES KING III
SWIMMING POOL

5001 Rodeo Rd.
Los Angeles, CA 90016
(213) 847 – 3406

FALL 2009

POOL HOURS

Times subject to change without notice

September – December

Recreational Swim

Monday – Friday..... 3:30 p.m. - 5:00 p.m.
Tuesday & Thursday 7:00 p.m. - 9:00 p.m.
Mon. & Wed. (Adults only)..... 7:00 p.m. - 9:00 p.m.
Saturday & Sunday 1:00 p.m. - 5:00 p.m.

Adult Lap Swimming

Monday – Friday..... 5:30 a.m. - 9:30 a.m.
Mon., Wed., Fri..... 7:30 p.m. - 9:00 p.m.
Saturday 9:00 a.m. - 12:00 p.m.

Family Night

Friday..... 7:30 p.m. - 9:00 p.m.

Holiday Schedule

Columbus Day
Monday, October 12.....Closed
Veterans Day
Wednesday, November 11.....Closed
Thanksgiving Day
Thursday, November 26.....Closed
Christmas Eve
Thursday, December 24..... 1:00 p.m. – 5:00 p.m.
Christmas Day
Friday, December 25.....Closed
New Years Eve
Thursday, December 31..... 1:00 p.m. – 5:00 p.m.
New Years Day
Friday, January 1.....Closed

Persons with disabilities are welcome to participate in our programs and classes. Reasonable accommodations will be made with prior arrangements.

FAMILY NIGHT

All children under 17 must be with parent or guardian

TEAM SPORTS

Designed for entry-level competitors. Proof of age required. Participants compete in a department sponsored league. Participants must demonstrate an intermediate level swimming competency. All meet times and locations will be announced

Registration: \$30.00 for one team
\$20.00 for additional team or family member

NOVICE SWIM TEAM

Length of SeasonSeptember - December
Workouts Mon., Wed., Fri., 5:00 p.m. – 6:30 p.m.*
Age 7- 17

*Swim team members must attend a minimum of 2 workouts per week to compete in swim meets.

NOVICE SPRINGBOARD DIVING

Length of SeasonSeptember - December
Workouts Tues., Thurs., 5:00 p.m. – 6:30 p.m.
Age 7 – 17

LA CITY PRE-ACADEMY TRAINING (LAC-PAT): \$30.00

The course is design for individual interested in becoming Los Angeles City Lifeguards.

The course will prepare participants for the Los Angeles City Lifeguard Academy.

Candidates must pass a swimming skills pre-test.

Candidate must be 17 years old by the beginning of the Lifeguard Academy

See manager for details.

POOL LIFEGUARD TESTING

TBD

JOHN C. ARGUE SWIM STADIUM

3980 S Menlo Ave.
Los Angeles, CA 90037
(213) 763-0129

ADMISSION FEES

CHILDREN*	(17 & Under)	FREE
ADULTS	(18 - 64)	\$2.50
ADULTS w/ Library card		\$2.00
SENIORS	(65 & Up)	FREE
Persons with Disabilities		FREE

***NOTE:** Each child under 7 must be accompanied by an adult. The adult must be within one arm's length of the child at all times, whether on the pool deck or in the water. Children under the age of 4 must wear a swim diaper.

PUBLIC SWIMMING – Swim suits, swim trunks with liner (exception board shorts providing coverage), must be worn by persons in the pool area.

LAP SWIMMING - Adults may purchase discount lap swimming passes at \$55 for 30 admissions.

LEARN TO SWIM

LEARN-TO-SWIM LESSON REGISTRATION

- Pre-registration for the session begins one week prior to the session start date.
- No telephone registration.
- Fees must be paid at the time of registration.
NO EXCEPTIONS.
- Make checks payable to:
L.A. City Department of Recreation and Parks
- No refunds unless a class is canceled.
- Lessons are 25 minutes in length.
- All refunds will be assessed an administrative fee.

GROUP LESSONS CATEGORIES & REQUIREMENT

Parent/Child: 4 yrs. – 6 yrs. **Children:** 7 yrs. – 17 yrs. **Adult:** 18 & older

Parent/Child – Children must be accompanied by an adult. Parent and child are introduced to basic water safety in a comfortable environment.

Water Confidence – Introduction to water safety and water acclimation. Buoyancy in water and basic skills will be taught. Kicking, breathing, and alternate arm action techniques are introduced.

Beginner – Continue to learn skills including front and back crawl and swimming in deep water.

Advanced Beginner – Learn elementary backstroke and continue to improve on front and back crawl.

Intermediate – Learn breaststroke and sidestroke skills.

Swimmer – Refine strokes and learn additional aquatic skills such as butterfly stroke and springboard diving.

Novice Teams – Designed for entry level after lessons – See Manager

American Red Cross card showing proof of correct level may be required for swim lessons after Water Confidence. An evaluation to determine the student's correct level may be requested.



AQUACISE

Course fee - \$35.00 per Session (4 weeks)

\$30.00 for Seniors

\$4.50 per walk-in, \$4.00 for seniors

Aquacise.....	Mon. & Wed.....	6:30 p.m. - 7:30 p.m.
Step	Friday	6:30 p.m. - 7:30 p.m.
Step	Saturday	9:30 a.m. - 10:30 a.m.
Aquacise.....	Saturday	10:45 a.m. - 11:45 a.m.

Offers low to high intensity workouts that promote cardiovascular fitness, conditioning, increased flexibility and range of motion.

PRIVATE & SEMI-PRIVATE LESSONS

(Inquire with Pool Clerk or Manager for Scheduling)

Private & Semi-Private lessons provide personalized instruction to adults and youth ages 4 and older. Lessons are 25 minutes in length. Lesson schedule is based on staff availability. Registration rules apply and participants must register for a minimum of four lessons.

PRIVATE LESSONS : Adult, Child, Senior, Adaptive

1 private lesson = \$20.00, 4 private lessons = \$80.00

SEMI-PRIVATE LESSONS (2 students only)

Adult, Child, Senior, Adaptive

\$16.50 per lesson per student x 2 students = \$33.00, 4 lessons = \$132.00

GROUP LESSONS

MONDAY & WEDNESDAY

8 Lessons/4 weeks..... YOUTH \$20.00, ADULT \$40.00

Session # 1 Nov. 9 - Dec. 2

Session # 2 Dec. 7 - Dec. 30

TUESDAY & THURSDAY

8 Lessons/4 weeks..... YOUTH \$20.00

Session # 1 Nov. 10 - Dec. 3

Session # 2 Dec. 8 - Dec. 31

The classes and programs in this brochure may be subject to cancellation

YOUTH LESSONS

Water Confidence Mon., Wed., 4:30 p.m. - 5:00 p.m.

Beginner Mon., Wed., 5:00 p.m. - 5:30 p.m.

Advanced Beginner Mon., Wed., 5:30 p.m. - 6:00 p.m.

Intermediate..... Mon., Wed., 6:00 p.m. - 6:30 p.m.

Parent/Child..... Mon., Wed., 6:00 p.m. - 6:30 p.m.

Swimmer..... Mon., Wed., 6:30 p.m. - 7:00 p.m.

Parent/Child..... Tues. & Thurs. 4:30 p.m. - 5:00 p.m.

Beginner Tues. & Thurs. 5:00 p.m. - 5:30 p.m.

Advanced Beginner Tues. & Thurs. 5:30 p.m. - 6:00 p.m.

Intermediate..... Tues. & Thurs. 6:00 p.m. - 6:30 p.m.

ADULT LESSONS

Non-swimmer Mon. & Wed..... 8:00 p.m. - 8:30 p.m.

Swimmer..... Mon. & Wed..... 8:30 p.m. - 9:00 p.m.