

EG ROBERTS AQUATIC CENTER

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SPRING 2024: JANUARY 1 - JUNE 8

Tentative Closure: January 12 - January 20, 2024

The PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games.

Admission Fees

Daily Admission		Lap Pass/ Admission Pass	
Adult (18-49)	\$4.00	Adult (18-49)	\$88.00
Older Adults (50+)	\$1.00	Adults (50+)	\$25.00
Youth (0-17)	\$1.00	Youth (0-17)	\$25.00
Persons w/ Disabilities	\$1.00	Persons w/ Disabilities	\$25.00

All pass sales are final, no refunds or replacements

Lap Swim

Tuesday - Friday (25 Yards)	6:00 AM - 9:00 AM
Tuesday & Thursday (25 Yards)	3:30 PM - 5:15 PM
Tuesday & Thursday (25 Yards)	6:30 PM - 8:00 PM
Wednesday & Friday (20 Yards)	3:30 PM - 8:00 PM
Saturday & Sunday (25 Yards)	11:00 AM - 12:30 PM
Saturday & Sunday (25 Yards)	1:00 PM - 5:00 PM

Youth Team Sports

Season: January 30 - April 19

Registration: Saturday January 27 @ 9:00 AM

Registration Requirements: Assessment to demonstrate Intermediate level swimming (Level 4)

Ages: 7-17 **Fee:** \$10

Artistic Swim	Tuesday & Thursday	4PM - 5:30 PM
Swim Team	Tuesday & Thursday	5PM - 6:30 PM
Water Polo	Wednesday & Friday	5PM - 6:30 PM

Lesson Registration

Lessons are 25 minutes in length.

No telephone registration.

Fees must be paid at the time of registration.

No refunds unless session is cancelled.

All refunds will be assed an administrative fee of 10%.

Tiny Tots: \$80 Ages: 3-6

Youth Group Classes: \$10 Ages 7-17

Adult Group Classes: \$30 Ages 18+

Session	Session Dates	Registration
Session 2	02/03/2024 - 03/01/2024	02/03/2024 @ 9:00 AM
Session 3	03/02/2024 - 03/29/2024	03/02/2024 @ 9:00 AM
Session 4	03/30/2024 - 04/26/2024	03/30/2024 @ 9:00 AM
Session 5	04/27/2024 - 05/24/2024	04/27/2024 @ 9:00 AM

Group Lesson Schedule

Tuesday	Friday
3:30 PM - 3:55 PM: PSA L1	3:30 PM - 3:55 PM: PSA L2
4:00 PM - 4:25 PM: Adaptive	4:00 PM - 4:25 PM: Level 1
4:30 PM - 4:55 PM: Level 2	4:30 PM - 4:55 PM: Level 2
6:30 PM - 6:55 PM: Level 4	6:30 PM - 6:55 PM: Level 3
7:00 PM - 7:25 PM: Level 5	7:00 PM - 7:25 PM: Adult L1



LAParks.org



SwimLA.org



Hiring
Info



Listed Programs in this brochure may be subject to change without prior notice

Aquatic Facility Information

Entrance is Denied to:

1. Children under seven (7), unless accompanied by an adult on a one-to-one ratio.
2. Children under the age of four (4) without an approved "swim diaper" or plastic pants with elastic around the waist and legs.

Also, please adhere to the following:

1. Proper swim attire is as follows;
 - a. Men must wear swim trunks with a liner AND a drawstring, board shorts are acceptable,
 - b. Females must wear a bathing suit, may be a one-piece or two-piece.
2. Inappropriate swim attire is as follows:
 - a. No cut-offs, bike shorts, basketball shorts, or street shorts,
 - b. No white t-shirts or white rash guards or shirts of any kind,
 - c. Swimsuit must cover the buttocks, no thongs,
 - d. No bodysuits or leotards.

As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities.

The classes and programs in this brochure may be subject to cancellation.

Swim Lesson Information

Tiny Tots: 4 students maximum enrolled, No parent in the water required. Children will learn how to enter and exit the water independently, submerge face underwater and blow bubbles for 3 seconds, glide on front for 2 body lengths then roll to back and float for 3 seconds, and perform combined arm and leg actions on front and back. **Age: 3-6**

Preschool Aquatics: Class follows the same curriculum as *Tiny Tots*. Parent within arms distance of their child including in the water is required for Preschool Aquatics. **Age: 3-6**

Water Confidence Level 1: Introduction to water safety and water acclimation. This beginner level teaches buoyancy in water and basic locomotion skills. Kicking, breathing and alternative arm action techniques are introduced. **Age: 7-17**

Beginner Level 2: Participants learn locomotion skills including combined arm and leg actions on front and back and swimming in chest-deep water. **Age: 7-17**

Advanced Beginner Level 3: Participants learn the Front Crawl, Breaststroke kick, Sidestroke kick, and the Elementary Backstroke. Intermediate Level 4 Participants learn the Breaststroke, Butterfly, Back Crawl, and the Sidestroke. **Age: 7-17**

Swimmer Level 5: Participants learn to refine their performance of all six swimming strokes (i.e. Front Crawl, Back Crawl, Butterfly, Breaststroke, Elementary Backstroke, and Sidestroke). **Age: 7-17**

Adult Beginner Level 1: Participants gain basic aquatic skills and swimming strokes. **Age: 18+**

Adult Intermediate Level 2: Improve participants' proficiency in basic aquatic skills and the six basic swimming strokes. **Age: 18+**

Adaptive Aquatics: Level 1 Adaptive Aquatics is a swim lesson program open for adult and youth participants who need special accommodation. This is a group lesson, where the instructor incorporates water safety and swimming fundamentals, while accommodating the needs of each individual. Aides are encouraged to get in the water with their participant at no extra cost, but are not mandated to unless specifically needed for medical or safety reasons.

Private Lesson Information

Private & Semi Private lessons provided personalized instruction to adults or youth ages 3 and older. Lessons are 25 minutes in length.

Must register for a minimum of four lessons. See Manager for more details & availability.

Private Lessons: \$108.00

Semi-Private Lessons (2 students): \$160.00

Aqua Fit - Aerobics

Shallow and deep water exercise are designed for swimmers and non-swimmers. Water aerobics increases flexibility, balance, stamina, range of motion & provides a cardiovascular workout

Youth Team Sports

Designed for entry-level competitors', proof of age required at time of registration. Participants will compete in a Department-sponsored league. All meet times and locations will be announced at facility prior to event.

LAC-PAT

Age: 16+

Fee: Free

LA City Pre Academy Training Class
Prepare to be a Lifeguard with the City of Los Angeles. Class consists of 3 Modules covering:

**Basic First Aid
CPR**

**LA City Lifeguarding Skills
Swim Conditioning**

Learn to Surf

Learn to Surf is an introductory program where youth will get the opportunity to go to the beach for fundamental surf instruction and water safety as beachgoers.