ADMISSION FEES

Youth	(Ages0 - 17)	\$1.00
Adults	(Ages 18 - 49)	\$4.00
Adults	(Ages 50 & Up)	\$1.00
Persons w	ith Disabilities(All Ages)	\$1.00

30 Admissions Pass

.\$88.00

Adult Lap (18-49 yrs.).....

(Youth, Adult(Ages 50 & Up),
Person w/Disability)\$25.00
Youth Summer Pass(May 27 - September 2)\$10.00

Pool Rules

Pool employee interpretation of rules shall be final. Entrance is denied to:

- Children under seven (7), unless accompanied by an adult on a one-to-one ratio.
- · Children under the age of four (4) without an approved "swim diaper" or plastic pants with elastic around the waist and legs.
- Persons under the influence of alcohol or narcotics.
- Persons with colds, coughs, nasal or eye discharges, skin eruptions, open wounds, open sores, or bandages.

Please check all your valuables with the clerk.

Personal property not permitted in the swimming pool or deck area includes:

- Floating apparatus, glass objects, or containers of any kind.
- Sports or swim equipment; scuba equipment; electronic

Soap showers must be taken before entering the pool area. Smoking is prohibited.

Eating and/or drinking not allowed (bleacher area & pool

 Only water and/or sports drinks in plastic containers will be allowed on the pool deck.

For the safety of the public, there is *no*:

- · Running on the pool deck.
- · Climbing, sitting on, and jumping from storage benches or guard structures.
- Diving into shallow water.
- . Swimming in the diving area.
- · Horse playing on the deck or in the pool at any time.

Hypoxic training or prolonged underwater swimming is not

Do not interfere with a lifeguard rescue, or call for help unless in distress.

Persons with disabilities are welcome to participate in programs and classes. Reasonable accommodations will be provided upon request. To ensure availability, you are advised to make your request at least 72 hours before the program or class you wish to participate.

The classes and programs in this brochure may be subject to cancellation and/or changes.

CITY OF LOS ANGELES

DEPARTMENT OF RECREATION AND PARKS



श्वाभागद्वर द्ववद्वन

1450 N. AVALON BLVD WILMINGTON, CA 90744 310-548-7420

JUNE 2 - SEPTEMBER 7

PUBLIC HOURS

June 2 - June 15

Recreational Swim

Monday - Friday......4:00 p.m. - 7:00 p.m. Saturday & Sunday.....1:00 p.m. - 5:00 p.m. **Adult Swimming**

Monday - Friday......7:00 p.m. - 9:00 p.m.

June 16 - August 10

Recreational Swim

Monday - Friday......12:00 p.m. - 3:00 p.m. Monday, Wednesday, Friday...8:00 p.m. - 8:55 p.m. Saturday & Sunday......1:00 p.m. - 5:00 p.m. **Adult Lap Swim**

Monday - Friday......9:00 a.m. - 11:00 a.m. Tuesday & Thursday......8:00 p.m. - 8:55 p.m.

August 11 - September 2

Recreational Swim

Monday - Friday.....4:00 p.m. - 6:00 p.m. Saturday & Sunday......1:00 p.m. - 5:00 p.m. **Adult Night Swimming**

Tuesday & Thursday.....8:00 p.m. - 8:55 p.m.

HOLIDAY HOURS

June 19th (Juneteenth)......POOL CLOSED July 4th (Independence Day)......1:00 p.m. - 5:00 p.m. September 2nd (Labor Day)......1:00 p.m. - 5:00 p.m. www.laparks.org/aquatic/year-round/banning-pool

AQUATIC PROGRAMS

- Tiny Tots lessons provide small group instruction for youth ages 3 to 6 years old.
- Instructors are in the water with students.
- Parents are NOT required to be in the water.
- · Classes are 25 minutes in length.
- Maximum of 3 participants per class.



TINY TOTS - \$80.00

REGISTRATION DATES

Series 1.....Saturday, June 1, 9:00 a.m. Series 2....Saturday, July 13, 9:00 a.m.

Series Dates

Series 1 June 15 - July 7 Series 2 July 13 - August 4



Saturday & Sunday 12:05 p.m....Starfish

12:35 p.m.....Seahorse

PRIVATE & SEMI-PRIVATE LESSONS

(Inquire with the Manager for Scheduling)

Private & Semi-Private lessons provide personalized instruction to adults and youth ages 4 and older. Lessons are 25 minutes in length. The lesson schedule is based on staff availability. Participants must register for a minimum of four lessons.

PRIVATE (1 on 1) 4 lessons = \$108.00

SEMI-PRIVATE (2 students only) 4 lessons = \$160.00

JUNIOR LIFEGUARD PROGRAM* \$50.00

Monday - Friday......11:00 a.m. - 12:00 p.m.

The Junior Lifeguard program allows youth between 9-17 years of age to improve their swimming skills and receive a basic understanding of water rescue, first aid, and CPR skills. The program's cost will include a shirt, bus transportation to selected events, materials, and instruction.

* This program is limited to 20 participants.

ADULT PROGRAMMING



WATER FIT (AQUASICE)

This class offers a variety of low to high-intensity workouts that help promote aerobic conditioning and cardiovascular fitness. A minimum of 3 participants is needed to conduct a class. Flotation belts are available.

Tuesday & Thursday.....8:05 p.m. - 8:50 p.m. Cost: \$5.00 fee / \$4.00 for adults 50+ per walk-in



ADULT LESSONS - \$30

Series Dates

Series 1 June 18 - July 11 Series 3 July 16 - August 8

Tuesday & Thursday

8:05 p.m....Adult Beginner 8:35 p.m....Adult Advanced



ADULT LAP SWIMMING

JUNE 16 - AUGUST 10

Monday - Friday......9:00 a.m. - 11:00 a.m. Tuesday & Thursday...8:00 p.m. - 8:55 p.m. Saturday & Sunday......1:00 p.m. - 5:00 p.m.

- Registration Cost: \$10 for Youth
- Register in-person and online (www.swimla.org).
- · No telephone registration.
- Lessons Available for ages 3 and up
- Lessons are 25 minutes in length.

- Fees must be paid at the time of registration.
- Payable by: Cash, Visa & Mastercard, Check
- Make checks payable to:

L.A. City Department of Recreation and Parks

- No refunds unless a session is canceled
- All refunds will be assessed an administration fee of 10%
- A swim assessment is required prior to registration
- Classes may be subject to cancellation and/or changes.

For a description of all Learn to Swim Levels you can visit: https://www.laparks.org/aquatic/learn

SERIES 1 & 2

Preschool Aquatics Level 1 10:35 a.m. | 4:35 p.m.

Preschool Aquatics Level 3

11:05 a.m. | 7:05 p.m.

Water Confidence

9:35 a.m. | 10:35 a.m.

3:05 p.m. | 3:35 p.m.

Beginner

9:05 a.m. | 9:35 a.m. | 10:05 a.m.

3:05 p.m. | 4:05 p.m.

Advance Beginner

9:05 a.m. | 10:05 a.m. | 3:35 p.m.

Intermediate

9:05 a.m. | 10:05 a.m. | 4:05 p.m.

Swimmer

9:35 a.m. | 10:35 a.m. | 3:35 p.m.

SERIES 3 & 4

Preschool Aquatics Level 1 10:35 a.m. | 4:35 p.m.

Preschool Aquatics Level 3

11:05 a.m. | 7:05 p.m.

Water Confidence

9:35 a.m. | 10:05 a.m.

3:05 p.m. | 3:35 p.m.

Beginner

9:05 a.m. I 9:35 a.m.

3:05 p.m. | 4:05 p.m.

Advance Beginner

9:05 a.m. | 10:05 a.m. | 10:35 a.m.

3:35 p.m.

Intermediate

9:05 a.m. | 10:05 a.m. | 3:35 p.m.

Swimmer

9:35 a.m. | 10:35 a.m. | 5:05p.m.

SERIES 5

Preschool Aquatics Level 1 6:05 p.m.

Preschool Aquatics Level 3

6:35 p.m.

Beginner

4:05 p.m. | 6:05 p.m.

Advance Beginner

4:35 p.m. | 6:35 p.m.

Intermediate 5:00 p.m.

Fitness Swimmer 5:30 p.m.

ADAPTIVE

Saturday & Sunday 11:35 a.m.

Series Dates

Series 1 June 15 - July 7 Series 3 July 13 - August 4



Series 4

July 29 - August 9

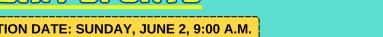
Series 5

August 12 - August 23

REGISTER HERE



REGISTRATION DATE: SUNDAY, JUNE 2, 9:00 A.M.



Designed for entry-level competitors ages 7-17 yrs., proof of age is required at registration. Participants will compete in a Department-sponsored league. (Participants must have completed American Red Cross Intermediate - Level 4). All meet times and locations will be announced at the facility before the event. A team banquet will be held at the end of the season.

Athletes are expected to attend practice at least three days per week to maintain a spot on the team. Athletes must compete in two or more meets and sports competitions to maintain eligibility on the team.



Monday - Friday.....7:00 p.m. - 8:00 p.m.



SPRINGBOARD DIVING - \$10

Workouts

Monday - Friday.....11:00 a.m. - 12:00 p.m.



ARTISTIC SWIMMING - \$10

Workouts

Monday - Friday.....3:00 p.m. - 4:00 p.m.



PLAYLA is a USA-sanctioned Swim Team designed to provide Athletes, Parents and Coaches with enhanced training and educational resources. This program will offer high-performance training to qualified athletes ages 7-17 years old. Athletes will be instructed by USA Swimming certified coaches to develop their competitive skills in all strokes, with enhanced workout times and dryland training. All athletes must qualify for the program.

REGISTRATION DATES

Series 1.....Saturday, June 1, 9:00 a.m. Series 2.....Saturday, June 29, 9:00 a.m.

Series 3......Saturday, July 13, 9:00 a.m. Series 4......Saturday, July 27, 9:00 a.m.

Series 5......Saturday, August 10, 9:00 a.m.

Series Dates

Series 1

June 17 - June 28

Series 2

July 1 - July 12

Series 3

July 15 - July 26

All Athletes

Monday - Friday.....5:00 p.m. - 6:30 p.m. (Dry Land workouts will begin 15 minutes prior to swim)