



North Hollywood Senior Center

CLASS SCHEDULE

ANNUAL MEMBERSHIP DUES \$12

MONDAY

BADMINTON

Time: 9:00am - 12:00pm
Location: Gym
\$2 Per Class

LINE DANCING

Time: 9:30am - 10:30am
Location: Sr. Center Auditorium
\$5 per class

WALK & TONE

Time: 10:00am - 11:00am
Location: Meet in Sr. Center
FREE

MINGLE & COLOR

Time: 1:00pm - 3:00pm
Location: Sr. Center Classroom
FREE

SELF DEFENSE

Time: 3:00pm - 4:00pm
Location: Sr. Center Auditorium
\$3 per class

YOGA

Time: 4:00pm - 5:00pm
Location: Sr. Center Auditorium
\$3 per class

TUESDAY

WALKING & CHATTING

Time: 9:30am - 10:30am
Location: Meet in Sr. Center
FREE

ART CLASS

Time: 11:00am - 1:00pm
Location: Sr. Center Classroom
\$3 per class

PUZZLE & SOCIALIZE

Time: 1:00pm - 3:00pm
Location: Sr. Center
FREE

MEXICA RHYTHMS MUSIC & SONG

Time: 7:00pm - 9:00pm
Location: Sr. Center
\$1 per class

WEDNESDAY

BADMINTON

Time: 9:00am - 12:00pm
Location: Gym
\$2 Per Class

WALKING EXERCISE

Time: 10:00am - 11:00am
Location: Meet in Sr. Center
FREE

BOARD GAMES

Time: 1:00pm - 3:00pm
Location: Sr. Center Auditorium
FREE

KAROKÉ

Time: 3:00pm - 4:30pm
Location: Sr. Center Auditorium
FREE

THURSDAY

WALK & CHAT

Time: 9:30am - 10:30am
Location: Meet in Sr. Center
FREE

ART CLASS

Time: 11:00am - 1:00pm
Location: Sr. Center Classroom
\$3 per class

CHECKERS & CHESS

Time: 1:00pm - 3:00pm
Location: Sr. Center Auditorium
FREE

DANZA MEXICA/ AZTEC DANCE

Time: 7:00pm - 9:00pm
Location: Sr. Center
\$1 per class

FRIDAY

BADMINTON

Time: 9:00am - 12:00pm
Location: Gym
\$2 Per Class

WALKING & CHATTING

Time: 9:30am - 10:30am
Location: Meet in Sr. Center
FREE

KNITTING & CROCHETING

Time: 11:00am - 12:00pm
Location: Meet in Sr. Center
\$3

ORIGAMI

Time: 12:00pm - 1:00pm
Location: Meet in Sr. Center
\$2

CLAY

Time: 1:00pm - 2:00pm
Location: Meet in Sr. Center
\$3

FUN FRIDAY

Time: 2:00pm - 4:00pm
Location: Meet in Sr. Center
FREE