JEWISH FAMILY SERVICE LA

FELICIA MAHOOD MENU Monday - Friday 11:30am-1:00pm

Wednesday, May 1

- Enchilada Turkey
 Casserole
- Pinto Beans
- Mesclun Salad
- Fruit Cup

Thursday, May 2

- · Hungarian Goulash
- Roasted Brussels Sprouts
- Herbed Carrots
- Whole Grain Roll

Friday, May 3

- Hot Turkey Sandwich
- Green Beans
- Spinach Salad
- Orange Juice

Monday, May 6

- BBO Chicken
- Corn
- Chopped Mix Salad
- Strawberries

Tuesday, May 7

- Salmon w/ Dill Sauce
- Sweet Potato
- Tri Color Coleslaw
- Cinnamon Applesauce

Wednesday, May 8

- Asian Beef Stir Fry
- Mixed Asian Vegetables
- Beet Salad
- Brown Rice

Thursday, May 9

- Vegetarian Chili
- Green Beans
- Mixed Salad Greens
- Cornbread

Friday, May 10

- Chicken Milanese
- Cauliflower & Zucchini
- Caesar Salad
- Vanilla Yogurt Parfait

Monday, May 13

- Spaghetti w/ Meat Sauce
- Broccoli
- Mesclun Salad
- Fresh Fruit

Tuesday, May 14

- Mediterranean Chicken
- Roasted Vegetables
- Lentil Salad
- Brown Rice Pilaf

Wednesday, May 15

- Roast Turkey Breast
- Butternut Squash
- Green Peas w/ Mushrooms
- Lemon Pudding

Thursday, May 16

- · Tuna Nicoise Salad
- Herb Roasted Potatoes
- Creamy Coleslaw
- Whole Grain Roll

Friday, May 17

- Beef Fajita
- Pinto Beans
- Tossed Green Salad
- Spanish Brown Rice

Monday, May 20

- Chicken Dijon
- Rosemary Mashed Potatoes
- Chopped Kale Salad
- Fresh Fruit

Tuesday, May 21

- Stuffed Turkey Bell Pepper
- Mixed Vegetables
- Romaine Salad
- Apple

Wednesday, May 22

- · Vegetable Frittata
- Lima Beans & Corn
- Spinach & Brussels
 Sprouts Salad
- Whole Grain Roll

Thursday, May 23

CLOSED

Friday, May 24

- Fish & Chips
- Roasted Sweet Potato Wedges
- Coleslaw
- Whole Grain Roll

Monday, May 27

CLOSED

Tuesday, May 28

- Meatloaf w/ Gravy
- Garlic Mashed Potatoes
- Green Beans
- Orange

Wednesday, May 29

- Caribbean Chicken
- Broccoli
- Carrot & Bell Pepper Salad
- Brown Rice Pilaf

Thursday, May 30

- Fish Taco
- Pinto Beans
- Chopped Mixed Salad
- Warm Corn Tortilla

Friday, May 31

- Beef Bolognese
- Penne Pasta
- Herbed Zucchini & Yellow Squash
- Caesar Salad w/ Croutons

- Menu subject to change
- · \$3 suggested donation

