

CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

UNIVERSAL

play

SPORTS/PHYSICAL FITNESS
CLASSES OR CLINICS

\$10.00

AGES 5-15

SCHOLARSHIP OPPORTUNITIES AVAILABLE THROUGH THE UNIVERSAL PLAY PROGRAM

CLASSES

REGISTER ONLINE NOW AS SPACE IS LIMITED

Classes start July 12 through September 17

WEDNESDAY

Fitness Boot Camp

Ages 6-11

4:45pm-5:45pm

Classes will be held at 1122 Watson Ave. Wilmington, CA
90744 on the Soccer Synthetic Field #1

Breath & Yoga

Ages 6-11

6:00pm-7:00pm

Classes will be held at 1122 Watson Ave. Wilmington, CA
90744 on the Soccer Synthetic Field #1

EAST WILMINGTON GREENBELT COMMUNITY CENTER

Register at <https://reg.laparks.org/web/wbWSC/webtrac.wsc/splash.html>

918 Sanford Ave. Wilmington, CA 90744 | Call us at (310) 522-2067

Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangement.

"Achieving Gender Equity through a continuous commitment to girls and women in sports."

Programs and classes are subject to change or cancellation without notice. No refunds will be issued unless the program is cancelled by the Recreation Center.

WE ARE CONFORMING TO LACHD COVID SAFETY PROTOCOLS

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UNIVERSAL *play*

CLASES O CLINICAS
DE DEPORTES/EJERCICIO FISICO

\$10.00

EDADES DE 5-15

OPORTUNIDADES DE BECAS DISPONIBLES ATRAVES DE EL PROGRAMA UNIVERSAL PLAY

CLASES

REGISTRESE POR INTERNET HOY - ESPACIOS LIMITADOS
Las clases comienzan el 12 de Julio hasta el 17 de Septiembre

miercoles

Clases de Cardio y Ejercicio

Edades de 6-11 años

4:45pm-5:45pm

Las clases se llevaran alcabo en la direccion de:
1122 Watson Ave. Wilmington, CA 90744 en la cancha de futbol #1

Yoga & Respira

Edades de 6-11 años

6:00pm-7:00pm

Las clases se llevaran alcabo en la direccion de:
1122 Watson Ave. Wilmington, CA 90744 en la cancha de futbol #1

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Las personas con discapacidad estan bienvenidas a participar en nuestros programas. Se realizarán adaptaciones razonables con un acuerdo previo.

"Lograr la equidad de género a través de un compromiso continuo con las niñas y las mujeres en el deporte".

Los programas y clases están sujetos a cambios o cancelación sin previo aviso. No reembolsos a menos que el Centro de Recreación cancele el programa.

NOS CONFORMAMOS A LOS PROTOCOLOS DE SEGURIDAD DE COVID DE ACUERDO A LACHD